

# Middle School Aged Children

Here are some ideas for things to do while visiting with your child remotely.



If your child plays an instrument, have them play it for you



Teach them how to cook something simple (scramble an egg)



Make a dance video - similar to a Tik Tok together

## More ideas:

- Create a book club together - talk about the book next time
- Give your child a riddle to solve
- Help your child with their homework
- Make a music playlist of your favorite songs together

If your child is worried about the virus... reassure them that professionals are working all over the country to solve the problem.