

Play Time with Your Toddler

Play time helps toddlers develop self-confidence, social development skills, and language skills. Here are some ways you can engage in play time with your child:

- Toys: Playing with **puzzles and dolls** are good ways to engage your toddler's strength and coordination.
- Creative play: Using art supplies, like **markers, Playdoh, and paint**, help your toddler understand the process of creating something.
- Physical: Playing with **balls, bikes, and jungle gyms**, help your toddler develop motor skills and strength.
- Dramatic play: **Dressing up in costumes and creating imaginary stories** will encourage your toddlers to be creative.

