

Talking to your Baby

- Speak to your baby in higher pitch, exaggerate consonants & stretch vowels, and vary your volume.
- Describe everything you're doing as you're doing it. For example: "Mommy's making lunch and pouring it in the bowl. The bowl is blue and shiny."
- Respond to your baby's utterances and pause when you talk to give your baby a turn. Example: If your baby coos, then you coo in response. Ask your baby a question, then pause and wait for a response
- Describe everything your baby is doing as your baby does it. For example: As your baby plays with a ball you say "You're rolling the ball. You like that ball."

