

factbooks

## A little about teens and tweens

age 11-19

Middle school students typically have the attention span of **12-13** minutes.

As reported by [PBS NewsHour](#), [research shows](#) that introducing digital tools to the classroom

Teens learn best through interaction and activity.

When teaching a teen something new, it may be helpful to [incorporate learning activities](#).

Middle school students tend to focus on the present and not think about the future.

Parents should [help their children](#) [develop a plan](#) of their future before they make their decisions.

Adolescents misinterpret emotions and intentions up to **80%** of the time.

How can we [improve ourselves](#) with teens to help build trust in a [healthy relationship](#)?

