

Play Time with Your Toddler

Play time helps toddlers develop self-confidence, social development skills, and language skills. One way that you can help your toddler develop these skills is by creating writing activities. You can choose whichever activity fits your toddler's developmental abilities. Here are some examples:

- Learning to Color: Tape a sheet of paper to the dining room table or an activity table. Take out a few crayons or markers and **encourage your child to color** on the paper.
- Learning their Name: This is similar to the first activity, but you **write your child's name** on the paper.



After you write their name, point to each letter and spell out their name. You can also point to each letter and name other people or things that start with the same letter. For example, **“Your name starts with an ‘A’ and apple starts with an ‘A’”**.

- Learning Shapes and Numbers: Similar to the first two activities, tape the paper to a table and **draw shapes or numbers** on it. Ask questions like **“What shape is this?”** and **“What else is shaped like a circle?”** For the numbers, **count out the numbers** while pointing to them on the paper. Encourage your child to color over or outline the shapes and numbers.

