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## A little about teens and tweens

ages 10-19

Middle school students typically have the attention span of **10-15** minutes.

As reported by **good and beautiful**, **researchers** stress considering different tasks, the frequency

Teens learn best through **interaction and activity**.

When teaching a teen something new, it may be helpful to **incorporate fun and activity**

Middle school students tend to focus on the **present** and not think about the future.

Parents should **help their children make decisions** at their own pace before they make their decisions

Adolescents misinterpret emotions and intentions up to **80%** of the time.

When it's to **develop positive** with teens to help them build their **healthy relationships**

