

MARCH EPRESS PART 3

Below are open-answer quizzes that can be used in conjunction with our new Training Manual. **Keep the answers on file in your personnel files as proof of training.** Thank you, Gail Tunnock, for sharing these with us.

Documentation for Staff and Intern Training

Chapter 1 Florida's Framework for Supervised Visitation

1. What is a supervised visitation program?

2. What are the rules governing supervised visitation programs?

3. What training is needed to supervise visits?

4. What are the risks associated with supervised visitation?

5. What are the risks associated with off site visits?

Chapter 3 Crucial Safety Components

1. List three ways to prepare yourself for visits as a visit monitor?

2. Why would you develop a safety signal with children during visits?

3. Give two examples of when monitor should intervene during a visit?

4. How would you address safety concerns regarding the visit site?

5. What information do you need to make a child abuse report?

6. Why is it important to know the history of prior cases of a family? _____

7. List three ways a visit monitor can enhance safety? _____

8. What are the factors necessary to determine whether to suspend a case when a non-critical incident occurs?

Chapter 4 Working with the Court

1. Describe the kinds of cases that can be court-ordered to supervised visitation. _____

2. Which type of court hears cases of child abuse, neglect, or abandonment?

3. Discuss the reasons that programs communicate with the court.

4. Describe four different kinds of reports to the court.

5. List at least five typical elements that should be included in visitation notes. _____

6. Describe the role of program staff in testifying in court about a case.

Chapter 5 Trauma Informed Care

1. What does ACES stand for? Why is the ACE score relevant to supervised visitation?

2. Name two short-term effects of trauma.

3. Name two long-term effects of trauma.

4. Why is a trauma-informed approach recommended for supervised visitation?

5. How can visitation monitors provide trauma informed services?

6. List the six protective factors. _____

7. Describe a strength based activity for supervised visitation.

Chapter 6 Resilience

1. Briefly describe toxic stress and how it affects the brain. _____

2. List five factors associated with resilience. _____

3. How can parents help to build resilience in their children? _____

Chapter 7 Cultural Competency

1. Describe the importance of culturally responsive services.

2. Why is it important to reflect and understand one’s own identity and biases?

3. What are the four key elements in cultural competence? _____

4. List five examples of cultural diversity. _____

5. How can a visitation center be more culturally diverse? _____

6. Give an example of how a center can to meet the cultural needs of clients. _____

7. How can a center achieve linguistic competence? _____

Chapter 8 Chronic Illnesses and Developmental Disabilities

1. Why is it important for supervised visitation staff to understand developmental disabilities and chronic illnesses? _____

2. List examples of four different types developmental disabilities. _____

3. What are of the three reasons children with disabilities more likely to be abused? _____

4. What are some strategies for working with families and developmental disabilities? _____

5. How would you prepare to provide visits for a parent with developmental disabilities? _____

6. How would you prepare to provide visits for a parent with chronic illness? _____

7. Give three examples of how parents can respond to a child with a chronic illness appropriate to the child's developmental level. _____

8. How would you respond to a family with chronic illnesses (parent's or child's) a visitation monitor? _____

Chapter 9 Divorce and Separation

1. What is the prevalence of divorce in the US? _____

2. Describe the impact of divorce on children of different ages
 - a. Infant and Toddler _____

 - b. Ages 4-7 _____

 - c. Ages 7-12 _____

 - d. Adolescents _____

3. How is divorce like a loss and how do families experience grief? _____

4. How might divorce/separation affect a child's behavior during visits? _____

5. Describe co-parenting. _____

6. When is co-parenting not appropriate? _____

7. What factors determine child support? _____

Chapter 10 Mental Illness, Substance Abuse, and Dual Diagnosis

1. List six types of mental illness. ? _____

2. How might mental illness affect losing custody of children? _____

3. How can mental illness affect parenting abilities? _____

4. How can visitation monitors provide protective factors for children with parents who have mental illness? _____

5. When is it best to seek assistance from a supervisor when monitoring a visit with a parent who is mentally ill? When is it appropriate to involve law enforcement?

6. How does parental substance abuse affect children? _____

7. What are some physical signs that a parent may be under the influence of substances? _____

8. What is dual diagnosis? What are some risks associated with it? _____

9. Why might a domestic violence victim also have a substance abuse problem? _____

Chapter 11 Child Neglect

1. List four questions for monitors to consider when evaluating whether this may be neglect.

2. List five types of neglect and give two examples of each. _____

3. What are six risk factors of children for neglect? _____

4. What are some indicators of neglect that may be observed in a visit? _____

5. What resources might a monitor offer a family with a history of neglect or suspected neglect? _____

6. What information should be included in an abuse report regarding neglect? _____

Chapter 12 The Impact of Child Physical and Sexual Abuse on Supervised Visitation

1. Explain the impact of physical child abuse on children's development. _____

2. Name three risk factors for abuse each for

The child: _____

The family: _____

The society/ environment: _____

3. Give five examples of how building protective factors may prevent child abuse? _____

4. Why is it important to understand common sexual behaviors in children? _____

5. Describe best practices in supervised visitation for cases with sexual abuse allegations. ____

6. When should a program decline a case with sexual abuse allegations? _____

7. How and when should an abuse report be made regarding child abuse? _____

Chapter 13 Domestic Violence and Supervised Visitation

1. Name four of the myths related to domestic violence. _____

2. Describe the dynamics of power and control in domestic violence. _____

3. List the five types of injunctions in Florida. _____

4. Why is it difficult to believe that someone can be an abuser? _____

5. How do children of different ages react to domestic violence?

a. Infants: _____

b. Toddlers (ages 2-4): _____

c. School Age (ages 5 – 12): _____

d. Adolescents (ages 13 -18): _____

6. What factors affect how a child responds to the violence? _____

7. How does long-term stress affect a child's developing brain? _____

8. Name three ways to help a victim with children attending with supervised visitation with the abuser. _____

9. How should a program respond to victims as the visiting parent? _____

10. How can programs help children with safety at the visitation center? _____

11. Describe how batterer behavior may be shown by the abuser at a visitation center? _____

12. How do certified domestic violence centers assess risk for victims? _____

13. How can risk assessment help create safety at the visitation center? _____

Chapter 14 Stalking in Supervised Visitation

1. List three facts to describe the prevalence of stalking in the U.S. _____

2. What is the non-legal definition of stalking? _____

3. How does Florida law address stalking? _____

4. Why should visitation programs be aware of stalking? _____

5. How can visitation programs intervene when there is a risk of stalking? _____

Chapter 15 Practice Skills for Visit Monitors

1. Describe the role of the monitor in supervised visits. _____

2. Why is confidentiality vital? _____

3. Define objective observations. _____

4. How can culture affect a supervisor's observations? _____

5. When is it appropriate to intervene in the visit? How can this be done safely? _____

6. Give five examples of types of critical incidents. _____

7. What facts must be contained in a critical incident report? _____

8. Give an example of active listening. _____

9. How can non-verbal cues affect communication? _____

10. What are five strategies to facilitate effective communication with a child? _____

11. How can parents model positive behavior? _____

12. Describe conflict resolution strategies. _____

13. How can monitors support children's confidence? _____

14. How can monitors teach parents to motivate their children? _____

15. What are SMART goals? _____

Chapter 16 Enhancing Professionalism: Ethics in Action

1. Why are ethics needed in supervised visitation? _____

2. How do personal values and biases affect a monitor's ethical decisions? _____

3. List the steps for resolving ethical dilemmas? _____

4. Give an example of how ethics may be involved in each issue below:

a. Information sharing with clients _____

b. Dual relationships _____

c. Policies regarding gifts or money and staff _____

d. Business Records _____

e. Self- disclosure _____

f. Impartiality_____

5. List two resources for professional codes of ethics (see Online resources)_____

We are creating a similar list of questions for the new Child Sexual Abuse Referrals Manual.