

Children's Medical Checkup List

The Affordable Care Act is being implemented early next year. With the new healthcare legislation coming into place, now is a great time to revisit many of the medical needs children have. Our children deserve the opportunity of a healthy life. The checklist below covers many of the “regular” appointments that children need in order to live the healthiest life possible.

Please make every effort to work with parents to ensure that each child receives the care he or she needs and deserves.

Age	Medical Checkup
Birth	Initial Newborn Exam, including Eye Check with Doctor Vaccine (Hepatitis B)
2-3 Days	Follow Up Checkup with Pediatrician
1 Month	Checkup with Pediatrician Vaccine (Hepatitis B)
2 Months	Checkup with Pediatrician Vaccines (RV, DTap, Hib, PCV, IPV)
4 Months	Checkup with Pediatrician Vaccines (RV, DTap, Hib, PCV, IPV)
6 Months	Checkup with Pediatrician Vaccines (RV, DTap, Hib, PCV)
9 Months	Checkup with Pediatrician
12 Months	Twelve Month Well-Child Visit First Dental Checkup (Further cleanings are at the dentist's discretion) Vaccines (MMR, PCV, HIB, Varicella, Hepatitis A, Influenza - recommended)
15 Months	Vaccine (DTap)
18 Months	Eighteen Month Well-Child Visit Vaccine, 6-18 Months (Hepatitis B)
3 Years	Twenty-Four Month Well-Child Visit Vaccine (Influenza - recommended)
2.5 Years	Checkup with Pediatrician
3 Years	Checkup with Pediatrician Vaccine (Influenza - recommended)
3.5 Years	Regular Eye Screenings (Eye Health and Visual Acuity)

Age	Medical Checkup
4 Years	Checkup with Pediatrician Vaccines, 4-6 Years (DTap, IPV, MMR, Varicella, Influenza - recommended)
5 Years	Checkups (Pediatrician, Eye Alignment, and Vision) Vaccine (Influenza - recommended) Dental Checkup
6 Years	Checkup with Pediatrician Vaccine (Influenza - recommended) Dental Checkup
7-10 Years	Yearly Checkups with Doctor Vaccine (DTap, Influenza - recommended) Dental Checkup
11-14 Years	Complete Physical Exam from Doctor Yearly Checkups with Doctor (Screenings for High Blood Pressure, obesity, eating disorders, hyperlipidemia) Vaccines (HPV - 3 shots over 6 months, DTap, MCV, Influenza - recommended) Teeth Cleaning (every six months)
15-18 Years	Complete Physical Exam from Doctor Yearly Checkups with Doctor (Screenings for High Blood Pressure, obesity, eating disorders, hyperlipidemia) Vaccines (Booster at age 16, Influenza - recommended) Teeth Cleaning (every six months)

Sources for Childhood Health Requirements

Baby Center - <http://www.babycenter.com/well-child-checkups-12-24-months>

CDC - <http://www.cdc.gov/vaccines/schedules/easy-to-read/child.html#instant>

CDC – <http://www.cdc.gov/ncbddd/childdevelopment/screening.html>

CDC- <http://www.cdc.gov/std/hpv/stdfact-hpv-vaccine-young-women.htm>

Healthy Children - <http://www.healthychildren.org/English/ages-stages/prenatal/decisions-to-make/pages/Finding-a-Pediatrician.aspx?nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token>

Kids Health - <http://kidshealth.org/parent/general/eyes/vision.html#>

Kids Health - http://kidshealth.org/parent/system/doctor/medical_care_13_18.html#cat173

Mouth Health (ADA) - <http://www.mouthhealthy.org/en/babies-and-kids/>

National Network for Immunization Information - <http://www.immunizationinfo.org/vaccines/human-papillomavirus-hpv>

