



# Clearinghouse on Supervised Visitation E-Press



**October 2019**



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### **Phone Conferences for the Remainder of 2019:**

**October 16, 2019 @ 12pm/11CT  
November 20, 2019 @ 12pm/11CT  
December 18, 2019 @ 12pm/11CT**

## October is Safe Sleep Awareness Month

Hello everyone,

Governor Ron DeSantis has recognized **October as Safe Sleep Awareness Month**, see the proclamation here. [www.ounce.org/pdfs/Safe Sleep Awareness Month.pdf](http://www.ounce.org/pdfs/Safe_Sleep_Awareness_Month.pdf)

Please join us in to help all Floridians understand the importance of creating safe sleep environments for infants. We invite partners to participate in our safe sleep social media campaign by downloading and using our social media toolkit. (Download the kit from the bottom of the page at: [www.ounce.org/safe\\_sleep.html](http://www.ounce.org/safe_sleep.html)).

Direct service providers can order brochures, posters and other safe sleep resources FREE at <https://qnet.e-quantum2k.com/~fmi/Custom/000814/login/> Create your account as you would when ordering through any online store and select the resources you would like to order.

You can download and print the resources yourself by going here: [www.ounce.org/safe\\_sleep.html](http://www.ounce.org/safe_sleep.html).

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## QUESTIONS FROM DIRECTORS

*In the phone conference you mentioned that phone visitation or electronic visitation may be beneficial for the parent-child relationship. Can you please describe what that looks like at supervised visitation?*

Yes. When a parent cannot spend time with his or her child in person (for example, when a parent is long distance) and the court wants to balance 1.) contact between the child and parent, and 2.) the child's vulnerability because of parental problems, electronic visitation can help fill some of the gaps.

A visitation program can provide the electronic visitation with planning and a thorough understanding of the risks to the child.

First, phone visitation ordered by the court is typically used to ensure contact and to ensure that the child is not exposed to harm. If phone contact is to be supervised, the program is responsible for **hearing the phone call on both sides**. (If no one needed to hear what was being said, there would be no reason for the ordering of the service in the first place. The only exception to this would be if a custodial parent is accused of not allowing the child to have phone contact, and the visitation program's ONLY role is to ensure that the phone calls take place. The extent of supervision should be assumed to include hearing both end of the call, unless otherwise ordered.)

Thus, the phone used should be in speaker mode, and the monitor should be in the same room (or nearby) as the child.

The program staff must understand the risks to the child. Below are some reasons a child could be at risk:

1. The parent has abused the child and uses the phone calls to influence the child's testimony
2. The parent has abused the other parent, and uses the phone calls to deny, minimize, or convince the child to recant witnessing abuse
3. The parent has serious mental health issues or substance abuse issues and may not be consistently capable of talking the child.
4. The parent wants to sabotage the relationships between the child and the custodial parent, and uses the call to criticize, blame, degrade, or speak negatively about the parent (or family members)

Here are some tips for successful phone visits:

1. Be sure to know the case: why are phone visits necessary, and what are the risks
2. Be sure to conduct intake with the visiting parent and the child separately before the first call, to establish the ground rules, such as what behavior will result in a premature end to the call, and that staff will document and report rule violations.
3. In cases of long term parental absence, begin with short calls (15 minutes) and add time to subsequent calls as the child feel comfortable
4. Be ready to help facilitate conversation. Have a list of questions that the child or parent might ask ready before the visit.
  - a. Remember that in domestic violence cases, the child must not be asked about the location of the vulnerable parent. This includes much more than a street address. It includes where the child attends school, questions about where the child goes after school, the name of the child's teacher, and other more subtle questions that seek to determine the location of the child and vulnerable parent.
  - b. Depending on the child's developmental stage and the issues in the case, parents can talk about a full range of issues, such as their jobs, their hobbies, their favorite TV shows, their plans for the day, etc.
  - c. Remember that Facetime calls also include a visual component. Such calls in which the parent and child can see each other are very popular in the general population. Determine whether such visual contact has any risks (parent holding up messages to the phone screen that the child can see, but the monitor can't hear, for example). You will not know how to assess this issue unless you are familiar with the details and allegations in the case. Some Facetime calls can be fun – with a parent showing a child how to cook, or reading a book, or playing with the dog. Think through the scenarios that depend entirely on case context.
  - d. Write a brief Visit Note that just summarizes the topics of conversations, but describes in depth any inappropriate conduct.
5. Special Considerations for Online Screen Sharing.
  - a. Technology can facilitate a parent and child playing an online game together, so work out the boundaries of the game beforehand. For example, is the child allowed to play M (Mature) content games? Violent games? These issues should be cleared with the custodial parent. In addition, the program may have a policy that parents may not play violent games with their children during a session. Have these details worked out well before the call.
  - b. In cases of sexual abuse or where special circumstances warrant, video must be monitored as well as audio.

The above recommendations emphasize safety while acknowledging that parents and children can find value in electronic contact.

This list is not a complete list, but it does highlight the points that programs must take into consideration when planning such parent-child contact.

# The Basics of Human Attachment

By: Brianna Paulin



## Introduction

Attachment is essential to forming a meaningful bond with another person. Being able to understand attachment issues regarding infants and children is a way to understand how kids view their relationships with their parents. Discussing these basics of human attachment is important: it can give us insight on how the relationship between a child and their parent affects relationships in the future.

## Objectives

In this e-press, caregivers and social service providers will learn:

- Attachment theory and what it is about
- The different styles of attachment and what each type looks like
- How these different styles of attachment can affect adult relationships
- How this newfound knowledge on attachment can be applied to Supervised Visitation

## What is Attachment Theory?

Attachment Theory was created by John Bowlby as a way to understand a child's connection with their mother. Bowlby was concerned about how early infant separations with their caregiver could later lead to poor adjustment. Attachment theory can help us to better understand the infant's cognitive, emotional, and social development. This theory is all about how a child reacts to their **attachment figure**, being their parent or caregiver, when separated. **Attachment behaviors** are the child's responses that are observed. How this attachment figure responds to the child's needs can dictate the child's attachment behaviors and may lead to shaping how children socially interact in the future. Bowlby went more in-depth to understanding attachment theory with his motivational system "The attachment behavioral system."

- Attachment Behavioral System: an essential concept to understand attachment theory—asks how the attachment figure is *responding* to the child's needs; are they attentive, nearby, and accessible to the child?
- This question is answered by considering how the child responds, which would be the behaviors they exhibit.

## How Attachment is Exhibited with the Child

- If the attachment figure has responded to the child's needs, a child usually grows to feel loved, confident, and secure in their surroundings.
  - This confidence helps the child to better navigate their environment and learn more about their surroundings
  - Having this security and love from their attachment figure also helps children be more open to explore their social environment
- If the attachment figure is not nearby and attentive, the child tends to feel anxious and insecure in their surroundings.
  - This leads to behaviors ranging from simple visual searching, to calling out for their attachment figure, to anxiousness searching for that figure.
  - These behaviors will either stop when the attachment figure comes back or eventually stop over a long period of separation

Attachment behaviors activate to some degree whenever the attachment figure leaves the child's side. The differences in styles of attachment are what those attachment behaviors look like when the figure is separated from the child.

## Styles of Attachment

The different *styles of attachment* shows the relationship the child has with the attachment figure. Another essential concept is Harlow's idea of a **secure base**, which is fundamental for a child to know that their needs are being met and to feel "secure" in their surroundings. Having a sense of safety, love, and reassurance makes it easier for a child to interact in a **strange situation** and feel more confident in their relationship with their attachment figure. (Attachment styles are often determined when an expert observes how the child responds to a strange situation.) The strange situation helps a trained observer to understand the attachment the child has to the caregiver>



Sometimes the caregiver and a stranger switch between being in the same unfamiliar environment with the child and the child's reaction is observed. The differences in a child's attachment behavior in this scenario shows that there are different attachment styles.

There are a total of four attachment styles that will be discussed. They are secure attachment, ambivalent attachment, avoidant attachment, and disorganized attachment style.

| <b>Attachment Styles</b>                      | <b>Attachment Behavior When Parent is Present</b>  | <b>Attachment Behavior When Parent Leaves</b>  | <b>Attachment Behavior When Parent Returns</b>   |
|---|--|--|--|
| <b>Secure Attachment</b>                      | Shows comfortability, sense of security, feel loved, confident to explore environment, see parent as secure base   | When the figure leaves the infant's side, the child tends to become upset and distressed until the attachment figure comes back. | When the figure comes back the child feels secure and comforted  |
| <b>Anxious-Avoidant/Dismissive Attachment</b> | Distance and little to no interest in their social environment. Focuses more on the objects around them than the people in their surroundings. Not a strong emotional connection with the attachment figure.   | Child has a passive behavior that does not show any visible responses of distress, usually indifferent                           | Child does not act any different, does not show any more attention or act in any other way than they would to a stranger                                       |
| <b>Anxious-Ambivalent/Preoccupied</b>         | Child is already anxious, a constant fear of separation from their attachment figure. Desires the figure's attention, support, and care but rejects it once the attachment figure tries to reciprocate those needs. Insecurity in the attachment, does | Child displays anxious behavior which has the child be even more distressed, anxious and upset than before                       | When the attachment figure returns, the child remains distressed though is now angry at the attachment figure and does not try to engage in their surroundings |



|                                |   |  |  |
|--------------------------------|---|--|--|
|                                | not view the figure as a secure base.   |  |  |
| <b>Disorganized Attachment</b> | No specific set of behaviors or consistency that the child displays in their behaviors with their attachment figure | There is also no clear strategy that the child plays out when the attachment figure comes back | Behaviors themselves would be disorganized, either move towards the figure then away, would freeze and not focus on anything, or even isolate themselves |

## How Attachment Can Affect Adult Relationships

The different styles of attachment are essential to child development, but are not restricted to only understanding the relationship of a child with their attachment figure. Attachment can also affect adult relationships and the security adults they feel in those relationships. If the adult was not given the sense of a secure base as a child, it can make it more difficult for them to find security in their relationships in adulthood. Any insecurities that have been shown with the relationship a child has with their caregiver can be shown in an adult's romantic or overall social relationships. The same attachment styles are used to understand how an adult may interact with their adult partner.

"A person's attachment status is a fundamental determinant of their relationships, and this is reflected in the way they feel about themselves and others."

--Jeremy Holmes and John Bowlby on Attachment Theory

### Secure Attachment in Adults:

- Feel confident and secure in their relationships with people
- Tend to have good self-esteem and are comfortable with their loved ones, able to efficiently communicate their emotions in relationships
- When it comes to romantic relationships, both individuals are loving towards each other but are also separate, independent people
- Leading to an honest, open, long-lasting, trusting relationship

### **Anxious-Ambivalent/Preoccupied Attachment in Adults:**

- Being that this is an insecure attachment, the individual becomes insecure and anxious about the relationships
- Needs constant affection, attention, and validation in their relationships
- Projects their own fears and insecurities onto their relationships, may use manipulative methods to keep people there
- Can be seen as needy or clingy

### **Anxious-Avoidant/Dismissive Attachment Style in Adults:**

- Also insecure but can be seen as the opposite from preoccupied attachment, those with dismissive attachment tend to be distant in their relationships
- Often dismisses any love or affection from their loved ones and avoids deep, intimate relationships
- Does not communicate their emotions, finds talking about feelings uncomfortable and disregards others emotions
- May avoid commitment, and have problems maintaining commitment

### **Disorganized Attachment Style in Adults:**

- Disorganized attachment stems from traumatic experiences and deep pain from their past. This insecure style of attachment can be seen as more intense as it usually deals with an attachment figure who has dealt with trauma themselves
- This affects how the adult sees the world around them, finding their environment and the people in their lives as unsafe
- Normally acts in antisocial behavior, difficult to function socially in their environment with people
- May project abuse and traumatic experiences inflicted on them to their adult relationships
- Tend to have higher chances of enacting in criminal behavior, and are at a higher chance of alcohol and drug abuse
- Can be seen as controlling, abusing, selfish, and emotionally unstable



## How Attachment Theory Applies to Supervised Visitation

Though these insecure attachments may seem unnerving, learning about how you can spot these differences can help you understand how to mend that relationship with their child. These attachment styles in adults can also help the parent realize what they might work on to further benefit their child.

### Helping Parents Interact With Their Children:

- Remind parents to be responsive to their needs
- Remind parents that when they talk to their child, they also listen to their child. Parents can do this by being present in the conversation and making sure they are being receptive to what they are saying. Body language, such as nodding and smiling, and saying, "mmmm," or "yes, I hear you."
- Remind parents to play with their child: remind them to do something they would like to do and make sure they are paying attention and interacting fully
- Remind parents to have respect and trust for their child. Parents should realize that though they are younger and lack experience, they are their own person with their own view on the world.
- Remind parents that time with their child is precious and a priority. Gently remind them to give their child undivided attention.



### Ways to Overcome Insecure Attachments for the Parent:

- Parents should be consistent with their children, kind, and attentive
- They should find a support system and trusting relationships
- Seeking therapy is a great way to help combat the maladaptive attachment behaviors that have been in place

# Behavior is Communication

By: Karma Kovacs



## Introduction

Children will not always say directly what they want or how they feel. Often, children will use certain behaviors to display their feelings. All behavior serves a purpose. Parents should examine these behaviors in children to assess their needs.

## Objectives

- Learn the different ways children communicate and why (put what influences behavior subheading under this)
- How parents can learn to communicate with their children effectively

## How Children Communicate

Children often communicate through nonverbal actions. There is always a reason why a child performs a behavior. Reasons can vary from wanting to receive attention to showing that they do not like something. Another reason to consider is that sometimes children do not know how to communicate their thoughts. Children are in the process of developing both mentally and emotionally and do not always know the proper way to convey their wants and needs.

Examples of children using behavior as communication include:

| Behavior   | What the child is trying to communicate  |
|--|--|
| Crying/throwing a tantrum when something is taken away | The child wants whatever was taken to be returned to them.   |
| Refuses to do homework                                 | The child may need help in the subject area but does not know how to ask or is too embarrassed to ask.   |
| Gets into fights at school                             | The child may be struggling academically or socially and is trying to find out ways to get out of going. |

|  |   |
|--|---|
| Destructive behaviors such as breaking a toy | The child may be seeking attention and knows that destructive behavior guarantees a reaction. |
|--|---|

Also, it is important to note that these are just examples. There can be many different reasons why a child may engage in specific behavior other than the ones listed above.

## **Influences of Behavior**

To truly understand your child, it is important to know where the behavior is stemming. There are several influences that can shape a child's behavior.

### **Developmental Stage**

Depending on the child's developmental stage, the way they interact with you will be drastically different. Younger children, such as toddlers will use more distinguishable nonverbal behaviors such as screaming, running, and crying versus older children and teens who tend to be more passive. With older children and teens it may take more time and effort to decode their behavior into how they are feeling.

### **Relationship with others**

How the child relates to others will greatly impact how they will communicate. If a child does not have a good support system or has poor relationships with their peers, they might engage in problem behaviors.



### **Temperament**

Each child is different and has a unique way of dealing with unpleasant emotions. It is important to realize that there is not a simple answer to why children behave the way they do and how to communicate back effectively.

## **Ways to Support and Communicate with your Child**

After comprehending what your child is trying to communicate, the next step is how to respond. When your child is displaying problem behaviors, it is important to realize that support, not punishment, will benefit the child long-term. Having mentors and a strong support system will allow children to communicate effectively and positively.

Some ways that parents can positively respond to a child's behaviors are:

- Active listening
- Playing with children
- Asking open-ended questions
- Asking about the child's interests
- Matching the child's tone and facial expressions
- Teaching the child stress coping mechanisms
- Paying lots of attention to the child

## **Conclusion**

It can be difficult at times to know what a child or how they are feeling based on behavior. However, parents must be able to understand why their child is acting the way they are. All behavior has meaning. For you and your child to have a healthy relationship, it is vital to be able to read these social cues.

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# Parenting with Trauma

By: Karma Kovacs



## Introduction

Parenting can be stressful. Parents face a wide range of difficulties. Parents are not perfect and make mistakes. It's important to realize that sometimes stress can seem overwhelming and that's okay. However, it is also important to understand how this may affect your child and learn how to cope with stress in healthy ways.

## Objectives

- Understand the importance of managing your stress
- Learn of different ways to relieve stress

## The Importance of Managing Stress as a Parent

As a parent, your stress levels determine your mood and attitude and, as a result, will influence how you interact with your child. To have a relaxed and healthy home environment, it is important for parents to be aware of their stress and how to manage it.

Consequences of being too stressed around your children can result in the following:

- Harsher punishments
- Less affection towards the children
- Increased bad behavior from the children
- Higher stress levels in the children

It is inevitable that parents will feel stressed at some point. However, there are things parents can do to provide a good example for their children about stress management.

- When in turmoil, try to remain as calm as possible. If children see their parents stressed, it causes them to feel stressed as well.
- Be honest with your children when you are not able to keep calm and may lash out at them. Make sure that your children understand how you are feeling and why you reacted that way.

- Try to practice healthy stress management skills.

Also, one way of managing stress is **recognizing** when you are experiencing it. Signs of stress can manifest in different ways: physically, emotionally, and behaviorally. Some of these signs include headaches, digestive issues, trouble concentrating, feeling worried, feeling overwhelmed, procrastinating, and isolating yourself from others. By looking out for these signs, parents can be more aware of how they are feeling and can try to be more cautious about how they act around their children.

## Ways to Relieve Stress

Provided below are some examples of coping mechanisms to deal with stress. Remember that not all coping skills work for everyone. It is a good idea to try a few out to see which one works best for you.

1. **Make time to relax.** Even if it is just for thirty minutes, set aside some time each day for yourself. Some examples of relaxing activities are going for a walk/run, listening to music, meditating, or writing in a journal.
2. **Expand your support system.** There are plenty of resources out there for those who need help. This does not only mean professional help, but it also means reaching out to friends, family, or others in the community.
3. **Talk to your kids.** Take time out of your day to have meaningful chat with your kids and see what is bothering them. This will send a message to your kids that it is okay to feel stressed sometimes and it is okay to ask for help.
4. **Play with your kids.** This will not only strengthen your relationship, but it will also help you relieve some stress. Playing with your child can also help strengthen skills such as planning, problem-solving, and flexible thinking.
5. **Promote good sleep.** Sleep is a huge factor that affects mood. Make sure that you and your child are both getting enough sleep. To help your child get into a steady routine, set a bedtime every night and limit their screen time.

## Conclusion

It's important to know that feeling stressed is okay and normal. Parenting is a stressful and difficult job. However, you should be aware of your stress and how to cope with it to be a good example for your children. By teaching your kids how to manage stress, you are teaching them to be resilient.



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## What is the Family First Act?



The Family First Prevention Services Act was signed into law under the Bipartisan Budget Act on February 9, 2018. The goal of this bill is to reduce the number of children placed in the foster care system by providing services to at-risk families allow children to remain with their family. Under Title IV-E and Title IV-B, funds are allocated for 12 months of mental health services, substance abuse treatment, and in-home parenting training for families on the verge of entering the child welfare system. This system is designed to prevent children who can remain safely at home from being traumatized by being placed in the system. Those who qualify for financial reimbursement for these services are

- Children who can safely remain at home if these services are provided
- Children in foster care who are parenting
- or parents or caregivers who need these services to prevent entry into care.

Not only does the Family First Prevention Services Act (FFPSA) prevent children from ending up in the foster care system by promoting permanent homes, it also helps the children who are already in foster care. FFSPA helps children who are already in foster care because the Adoption and Legal Guardianship Incentive Payment program that this bill expands upon, incentivizes states to reduce the number of children in their care. Additionally, FFPSA provides continuous support for youth even after they transition out of the system. FFSPA allows for former foster youth up to age 23 (formerly ages 18-21) to use John H. Chafee Foster Care Independence Program's living services as well as

allows former youth up to age 26 to use education and training vouchers (previously only available up to age 23). Overall, this bill seeks to protect at-risk children by ensuring that they can remain safely with their family or in a family-like setting. The Family First Prevention Services Act is an extensive bill that brings about an individualized approach to maintaining the welfare of children while preventing the unintended trauma that the Foster Care system care may cause.

## **Fun Topics for Parent to Discuss with their Kids**

Following up on the phone conference, we have listed below some questions that parents could talk about with their children. Not all of these are appropriate, but many of them can spark dynamic discussions and encourage a fun conversation.

- Who is your hero?
- If you could live anywhere, where would it be?
- What is your favorite family vacation?
- What would you change about yourself if you could?
- What really makes you angry?
- What motivates you to work hard?
- What is your favorite thing about your career?
- What is your biggest complaint about your job?
- What is your proudest accomplishment?
- What is your child's proudest accomplishment?
- What is your favorite book to read?
- What makes you laugh the most?
- What was the last movie you went to? What did you think?
- What did you want to be when you were small?
- What does your child want to be when he/she grows up?
- If you could choose to do anything for a day, what would it be?
- What is your favorite game or sport to watch and play?
- Would you rather ride a bike, ride a horse, or drive a car?
- What would you sing at Karaoke night?
- What two radio stations do you listen to in the car the most?
- Which would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
- If you could hire someone to help you, would it be with cleaning, cooking, or yard work?
- If you could only eat one meal for the rest of your life, what would it be?
- Who is your favorite author?
- Have you ever had a nickname? What is it?
- Do you like or dislike surprises? Why or why not?



- In the evening, would you rather play a game, visit a relative, watch a movie, or read?
- Would you rather vacation in Hawaii or Alaska, and why?
- Would you rather win the lottery or work at the perfect job? And why?
- Who would you want to be stranded with on a deserted island?
- If money was no object, what would you do all day?
- If you could go back in time, what year would you travel to?
- How would your friends describe you?
- What are your hobbies?
- What is the best gift you have been given?
- What is the worst gift you have received?
- Aside from necessities, what one thing could you not go a day without?
- List two pet peeves (something that annoys; irritates you)
- Where do you see yourself in five years?
- How many pairs of shoes do you own?
- If you were a super-hero, what powers would you have?
- What would you do if you won the lottery?
- What form of public transportation do you prefer?
- What's your favorite zoo animal?
- If you could go back in time to change one thing, what would it be?
- If you could share a meal with any 4 individuals, living or dead, who would they be?
- How many pillows do you sleep with?
- What's the longest you've gone without sleep (and why)?
- What's the tallest building you've been to the top in?
- Would you rather trade intelligence for looks or looks for intelligence?
- Have you ever had a secret admirer?
- What's your favorite holiday?
- What's the most daring thing you've ever done?
- What was the last thing you recorded on TV?
- What was the last book you read?
- What's your favorite type of foreign food?
- Are you a clean or messy person?
- Who would you want to play you in a movie of your life?
- How long does it take you to get ready in the morning?





- What kitchen appliance do you use every day?
- What's your favorite fast food chain?
- What's your favorite family recipe?
- Do you love or hate rollercoasters?
- What's your favorite family tradition?
- What is your favorite childhood memory?
- What's your favorite movie?
- Is your glass half full or half empty?
- What three items would you take with you on a deserted island?
- What was your favorite subject in school?
- What's the most unusual thing you've ever eaten?
- Do you collect anything?
- Is there anything you wished would come back into fashion?
- Are you an introvert or an extrovert?
- Which of the five senses would you say is your strongest?
- Have you ever had a surprise party? (that was an actual surprise)
- Are you related or distantly related to anyone famous?
- What do you do to keep fit? your family have a "motto" – spoken or unspoken?
- If you were ruler of your own country what would be the first law you would introduce?
- Who was your favorite teacher in school and why?
- What three things do you think of the most each day?
- If you had a warning label, what would yours say?
- What song would you say best sums you up?
- What celebrity would you like to meet at Starbucks for a cup of coffee?
- Who was your first crush?
- What's the most interesting thing you can see out of your office or kitchen window?
- On a scale of 1-10 how funny would you say you are?
- Where do you see yourself in 10 years?
- If you could join any past or current music group which would you want to join?
- How many languages do you speak?
- What is your favorite family holiday tradition?
- Who is the most intelligent person you know?
- If you had to describe yourself as an animal, which one would it be?



## Domestic Violence Awareness Month Events

| Judicial Circuit | City         | Event  | Date/Time            | Location   | Contact  |
|------------------|--------------|--|----------------------|--|--|
| 1                | Pensacola    | Pink Promise Cancer and Domestic Violence Luncheon                     | Oct 5<br>11am-2pm    | 3300 N Pace Blvd.  | Sister Keeper International Ministries (850) 602-8051 or email: <a href="mailto:sisterkeeper@aol.com">sisterkeeper@aol.com</a>   |
|                  |              | Faces of Domestic Violence Benefit Show Benefiting Favor House of NWFL | Oct 26<br>7-9pm      | Jean & Paul Amos Performance Studio                            | <a href="mailto:lindsey@marketingwellplayed.com">lindsey@marketingwellplayed.com</a>   |
| 2                | Tallahassee  | Survivor Speak-Out & Candlelight Vigil                                 | Oct 15<br>6-8pm      | TCC Workforce Development Center                               | (850) 681-2111   |
|                  | Quincy       | Domestic Violence Awareness Luncheon                                   | Oct 24<br>12-2pm     | Kelly-Campbell Community Center (415 Cooper Street)            | Patricia Hinson (850)363-5443 or email at <a href="mailto:phinson95@gmail.com">phinson95@gmail.com</a> or Lauren Wright (850) 874-8137 or email at <a href="mailto:laurawright944@gmail.com">laurawright944@gmail.com</a>                        |
| 4                | Jacksonville | Chic Chat- Table Talk Domestic Violence/Breast Cancer Edition          | Oct 19<br>7-10pm     | XO Lounge (3535 St John Bluff Rd. S)                           | Website: <a href="https://www.eventbrite.com/e/chic-chat-table-talk-domestic-violencebreast-cancer-edition-tickets-71691255475">https://www.eventbrite.com/e/chic-chat-table-talk-domestic-violencebreast-cancer-edition-tickets-71691255475</a> |
| 5                | Ocala        | 2019 Wear Your Wings Domestic Violence Walk                            | Oct 5<br>7-10am      | College of Central Florida Ocala Campus (30001 SW College Rd.) | <a href="https://www.evensi.us/2019-wear-wings-domestic-violence-walk-college-central-florida/318563506">https://www.evensi.us/2019-wear-wings-domestic-violence-walk-college-central-florida/318563506</a>                                      |
|                  |              | 2019 Break the Silence on Violence Conference                          | Oct 11<br>8am-4:30pm | 3001 SW College Rd.  | <a href="https://www.evensi.us/2019-break-silence-violence-conference-college-central-florida-klein-center/324396478">https://www.evensi.us/2019-break-silence-violence-conference-college-central-florida-klein-center/324396478</a>            |

## Domestic Violence Awareness Month Events

|   |               |  |                         |   |   |
|---|---------------|--|-------------------------|---|---|
| 6 | Clearwater    | 2019 RCS Faces of Domestic Violence Luncheon                     | Oct 1<br>10:30am        | 409 Old Coachman RD                                     | (727) 584-3528 or email: <a href="mailto:info@rcspinellas.org">info@rcspinellas.org</a>   |
|   |               | #ISURVIVED: The Aftermath of Domestic Violence                   | Oct 19<br>12-3pm        | KLAS EVENTS (5616 56 <sup>th</sup> Commerce Park Blvd.) | <a href="https://www.eventbrite.com/e/isurvived-the-aftermath-of-domestic-violence-tickets-73369374775?aff=ebdiglgoogleseo">https://www.eventbrite.com/e/isurvived-the-aftermath-of-domestic-violence-tickets-73369374775?aff=ebdiglgoogleseo</a>                     |
|   |               | Heather's Hope 10 <sup>th</sup> Annual Purple Ribbon 5k Run/Walk | Oct 26<br>7am           | Lakeland Country Club (929 Lake Hollingsworth Dr)       | <a href="https://www.active.com/lakeland-fl/running/distance-running-races/heather-s-hope-10th-annual-purple-ribbon-5k-run-walk-2019">https://www.active.com/lakeland-fl/running/distance-running-races/heather-s-hope-10th-annual-purple-ribbon-5k-run-walk-2019</a> |
|   | Dunedin       | Women Telling Our Story  | Oct 19<br>12-3pm        | Fenway Hotel Autograph Collection (453 Edgewater Dr.)   | <a href="https://allevents.in/org/a-will-and-way-inc/12495307">https://allevents.in/org/a-will-and-way-inc/12495307</a>   |
|   | Pinellas Park | Domestic Violence 101 Training                                   | Oct 11<br>8:30-10am     | Casa Community Thrift Shop (1011 1 <sup>st</sup> Ave N) | (800)500-119/ (800) 621-4202  |
| 7 | Daytona Beach | 2 <sup>nd</sup> Annual Day of Unity Breakfast                    | Oct 1<br>7:30-9:30am    | Hard Rock Hotel Daytona Beach (918 N Atlantic Ave)      | (386)255-2102/ email: <a href="mailto:admin@mybeaconcenter.com">admin@mybeaconcenter.com</a> / website: <a href="http://mybeaconcenter.com">http://mybeaconcenter.com</a>   |
|   |               | Walk a Mile in Her Shoes   | Oct 9<br>12-1pm         | 1 Aerospace Blvd.                                       | <a href="https://campusgroups.erau.edu/ssr/rsvp_boot?id=524533">https://campusgroups.erau.edu/ssr/rsvp_boot?id=524533</a>   |
| 8 | Gainesville   | The 5 <sup>th</sup> Annual Power of the Purse Luncheon           | Oct 3<br>11:30am-1:30pm | Gainesville Woman's Club Inc. (2809 W University Ave.)  | Contact: (352) 377-5690(Peaceful Paths)/ (352) 376-3901 (Gainesville Woman's Club)  |



## Domestic Violence Awareness Month Events

|           |           |   |                     |   |  |
|-----------|-----------|---|---------------------|---|--|
|           | Melbourne | Casino Night Fundraiser for Serene Harbor   | Oct 11<br>4:30pm    | Grand Manor<br>(1450 Sarno RD.)   | <a href="https://www.evensi.us/amp/casino-night-fundraiser-for-serene-harbor-the-grand-manor/313197818">https://www.evensi.us/amp/casino-night-fundraiser-for-serene-harbor-the-grand-manor/313197818</a>            |
| <b>9</b>  | Orlando   | A Night of Awareness and Fundraising for Domestic Violence/ Stand Up For Survivors Benefit Gala | Oct 6<br>6-9:30pm   | Staybridge Suites Orlando Airport<br>(7450 Augusta National Dr)                                 | Lisa Alexander (727) 637-9318  |
|           |           | Light up the Night: Intimate Partner Violence Awareness Event                                   | Oct 7<br>6-8pm      | Pegasus Grand Ballroom (UCF Student Union, University of Central Florida, Central Florida Blvd) | Lauren Portal (407) 823-6332 or email at <a href="mailto:Lauren.Portal@ucf.edu">Lauren.Portal@ucf.edu</a>  |
|           |           | Purple Door Luncheon 2019   | Oct 16<br>11-1:30pm | Rosen Center Orlando Florida<br>(9840 International Drive)                                      | Harbor House of Central Florida<br><a href="https://www.harborhousefl.com/give-help/get-involved/events/purple-door-luncheon/">https://www.harborhousefl.com/give-help/get-involved/events/purple-door-luncheon/</a> |
|           | Kissimmee | 12 <sup>th</sup> Annual DV Rally, Awareness Walk & Candlelight Vigil                            | Oct 3<br>6pm        | Osceola County Courthouse (2 Courthouse Sq.)  |  |
| <b>10</b> | Bartow    | Rise & Thrive "Journey of Empowerment"  | Oct 18<br>7-10pm    | First Presbyterian Church (175 Lake Hollingsworth Dr.)  | (863) 386-1167 or at Hardee/Highlands  |

## Domestic Violence Awareness Month Events

|    |          |  |                         |   |   |
|----|----------|--|-------------------------|---|---|
| 11 | Miami    | Impact Collaborative Domestic Violence   | Oct 3<br>8:30-11am      | CIC Miami (1951 NW 7 <sup>th</sup> Ave#600)                                 | (305) 441-0506 or <a href="mailto:info@womensfundmiami.org">info@womensfundmiami.org</a> / or <a href="https://womensfundmiami.org/event/impact-collaborative-domestic-violence/">https://womensfundmiami.org/event/impact-collaborative-domestic-violence/</a>             |
|    |          | Parenting Unmasked-Domestic & Teen Dating Violence Workshop                              | Oct 5<br>12-3pm         | African-American Research Library and Cultural Center (2650 Sistrunk Blvd.) | <a href="https://www.eventbrite.com/e/parenting-unmasked-domestic-teen-dating-violence-workshop-tickets-64333252490?aff=ebdiglgoogleseo">https://www.eventbrite.com/e/parenting-unmasked-domestic-teen-dating-violence-workshop-tickets-64333252490?aff=ebdiglgoogleseo</a> |
|    |          | 12 <sup>th</sup> Domestic Violence Walk  | Oct 5<br>7am-12pm       | North Miami Beach Police Department (16901 NE 19 <sup>th</sup> Ave)         | <a href="https://www.miaminewtimes.com/event/12th-domestic-violence-walk-11260834">https://www.miaminewtimes.com/event/12th-domestic-violence-walk-11260834</a>   |
|    |          | 6 <sup>th</sup> Annual Faith-Based Organizations Domestic Violence and Human Trafficking | Oct 8<br>10am-12pm      | 2400 S Dixie Hwy  | <a href="https://www.miaminewtimes.com/event/6th-annual-faith-based-organizations-domestic-violence-and-human-trafficki-11257571">https://www.miaminewtimes.com/event/6th-annual-faith-based-organizations-domestic-violence-and-human-trafficki-11257571</a>               |
|    |          | Unmasking Your Truth Fashion Show  | Oct 13<br>2-6pm         | Hallandale Beach  | <a href="https://allevents.in/mobile/amp-event.php?event_id=200017749044632">https://allevents.in/mobile/amp-event.php?event_id=200017749044632</a>   |
|    |          | My Miami Story: The Intersectionality Between Gender and Violence                        | Oct 15<br>6:30 - 8:30pm | YWCA Miami (351 NW 5 <sup>TH</sup> St.)                                     | <a href="https://www.eventbrite.com/e/my-miami-story-the-intersectionality-between-gender-and-violence-tickets-73578953631">https://www.eventbrite.com/e/my-miami-story-the-intersectionality-between-gender-and-violence-tickets-73578953631</a>                           |
|    | Aventura | MGPD Domestic Violence Awareness Walk  | Oct 19<br>9am-12pm      | City of Miami Gardens Police Department (18611 NW 27 <sup>th</sup> Ave.)    | <a href="https://www.eventbrite.com/e/mgpd-domestic-violence-awareness-walk-registration-begins-at-730-am-registration-72271673521">https://www.eventbrite.com/e/mgpd-domestic-violence-awareness-walk-registration-begins-at-730-am-registration-72271673521</a>           |

## Domestic Violence Awareness Month Events

|    |                |   |                       |   |   |
|----|----------------|---|-----------------------|---|---|
|    | Hialeah        | FNU 4 <sup>th</sup> Annual Domestic and Teen Dating Violence Summit | Oct 24<br>10am-1pm    | Florida National University (4425 W 20 <sup>th</sup> Ave)     | <a href="https://allevents.in/org/bhtc/8784055">https://allevents.in/org/bhtc/8784055</a>   |
| 12 | North Port     | In Her Shoes: Living with Domestic Violence: A Simulation           | Oct 5<br>10:30am-12pm | Unitarian Universalist Church (1532 Forrest Nelson Blvd.)     | (941) 627-4303  |
|    | Sarasota       | Queens Domestic Violence Awareness Prayer Breakfast                 | Oct 5<br>10am         | Light of the World International (2809 Chapel Dr.)            | Facebook: <a href="https://www.facebook.com/events/light-of-the-world-international-church-sarasota/queens-domestic-violence-awareness-prayer-breakfast/622204958211662/">https://www.facebook.com/events/light-of-the-world-international-church-sarasota/queens-domestic-violence-awareness-prayer-breakfast/622204958211662/</a> |
| 13 | Temple Terrace | Domestic Violence Forum   | Oct 26<br>11am-1pm    | The Skills Center (6919 N Dixon Ave.)                         | <a href="https://www.eventbrite.com/e/domestic-violence-forum-tickets-71540612899?aff=ebdiglgoogleseo">https://www.eventbrite.com/e/domestic-violence-forum-tickets-71540612899?aff=ebdiglgoogleseo</a>   |
|    | Tampa          | 5th Annual Stepping Out Against Domestic Violence Color Run 5K      | Oct 5<br>9-10am       | Florida State Fairgrounds (4800 US-301)                       |   |
| 15 | Boca Raton     | Community Against Crime   | Oct 12<br>8:30-11am   | Double Tree by Hilton Hotel Deerfield Beach (100 Fairway Dr.) | <a href="https://www.eventbrite.com/e/community-against-crime-tickets-65274791659">https://www.eventbrite.com/e/community-against-crime-tickets-65274791659</a>   |

## Domestic Violence Awareness Month Events

|           |               |   |                       |  |  |
|-----------|---------------|---|-----------------------|--|--|
|           | Boynton Beach | Domestic Violence Awareness Month Opening Ceremony          | Oct 3<br>8-11pm       | PBSO Training Division (Cherry Rd)                                     | <a href="mailto:dvCouncilofpalmbeachcounty@gmail.com">dvCouncilofpalmbeachcounty@gmail.com</a>   |
| <b>17</b> | Davie         | Domestic Violence Awareness Month 2019 Silent Witness Vigil | Oct 16<br>6-7:30pm    | Long Key Natural Area & Nature Center (3501 SW 130 <sup>th</sup> Ave.) | email at <a href="mailto:browardvictimsrights@gmail.com">browardvictimsrights@gmail.com</a> / or website <a href="http://www.browardvictimsrights.org">http://www.browardvictimsrights.org</a>               |
|           | Plantation    | Unstoppable Everything is Possible                          | Oct 17<br>6:30-9:30pm | Jacaranda Country Club (9200 W Broward Blvd #1)                        | Website: <a href="https://www.eventbrite.com/e/unstoppable-everything-is-possible-tickets-63030496913">https://www.eventbrite.com/e/unstoppable-everything-is-possible-tickets-63030496913</a>               |
| <b>19</b> | Sebastian     | Domestic Violence Awareness Event                           | Oct 3<br>7-9pm        | St. Sebastian Catholic Church (13075 US-1)                             | <a href="https://allevents.in/mobile/amp-event.php?event_id=200018040070208">https://allevents.in/mobile/amp-event.php?event_id=200018040070208</a>  |
|           | Vero Beach    | SafeSpace Domestic Violence Symposium                       | Oct 10<br>9am-3pm     | College Ln, Florida  | (772) 223-2399   |
|           | Fort Pierce   | 5 <sup>th</sup> Annual Purple Tie Gala                      | Oct 18<br>7-11pm      | River Walk Center (600 N Indian River Dr.)                             | We Leap INC. (850) 935-3272  |
| <b>20</b> | Fort Meyers   | Dance-A-Thon  | Oct 23<br>7-9pm       | The Ranch Concert Hall and Saloon (2158 Colonial Blvd.)                | (239) 985-9839/<br><a href="https://www.crowdrise.com/o/en/campaign-manager/edit/savelives/dance-a-thon8/campaign">https://www.crowdrise.com/o/en/campaign-manager/edit/savelives/dance-a-thon8/campaign</a> |
|           | Naples        | 5K-Take a Stand against Domestic Violence                   | Oct 13<br>8am         | North Collier Regional Park (15000 Livingston Rd.)                     | (239) 775-4555   |

## Domestic Violence Awareness Month Events

|             |  |                              |   |   |
|-------------|--|------------------------------|---|---|
|             | DVAM Dance Party<br>2019                                   | Oct 24<br>6-8pm              | Mercato (9118<br>Strada Pl.)                | <a href="http://naplesshelter.org">http://naplesshelter.org</a>   |
| Punta Gorda | Women Who C.A.R.E.<br>Luncheon-<br>Victim/Survivor/Thrives | Oct 16<br>11:30am-<br>1pm    | Isles Yacht Club<br>(1780 W Marion<br>Ave.) | <a href="http://www.carefl.org">www.carefl.org</a>  |
|             | Basket Raffle Luncheon                                     | Oct 24<br>11:30am-<br>1:30pm | River City Grill<br>(131 W Marion<br>Ave.)  | <a href="https://carefl.org/event/basket-raffle-luncheon/">https://carefl.org/event/basket-raffle-luncheon/</a> |

# Every Child is Smart!



| Type Of Intelligence        | Your Child May Like...   | Possible Future Uses...  |
|-----------------------------|--|--|
| <b>Bodily Kinesthetic</b>   | Dancing, Sports, Ball Games, Climbing Trees, Finger Plays, Yoga, Bean Bag Toss, Dodge Ball, Sculpting, Tag                     | Construction Worker, Fire Fighter, Athlete, Astronaut, Hairdresser, Doctor, Mechanic, Dancer, Choreographer, Artist, Actor/Actress, Paramedic, Craftsmen, Surgeon  |
| <b>Interpersonal</b>        | Group Games, Role Playing, Cooperative Learning, Card Game, Creating Cartoons, Thematic Play                                   | Teacher, Child Care, Waiter/Waitress, Hairdresser, Coach, Cashier, Nurse, Clergy, Diplomat, Receptionist, Social Worker, Politician, Therapist   |
| <b>Intrapersonal</b>        | Journal Writing, Yoga, Puppets, Poetry, Listening to Music, Reading, Interviewing Family and Friends                           | Clergy, Teacher, Psychologist, Counselor, Author, Entrepreneur, Spiritual Leader, Guidance Counselor, Philosopher  |
| <b>Linguistic</b>           | Books, Poetry, Nursery Rhymes, Cooking, Card or Board Games, Story Telling Props   | Editor, Lawyer, Judge, Teacher, Politician, Librarian, Mail Carrier, Pharmacist, TV and Newspaper Reporter, Actor, Writer, Comedian, Author, Journalist, Novelists, Public Speaker, Motivational Speaker |
| <b>Logical-Mathematical</b> | Sorting, Counting, Blocks, Board Games, Cooking, Hide and Seek, Some Computer Games, Puzzles, Video Games                      | Banker, Accountant, Construction, Bookkeeper, Scientist, Chef, Mechanic, Architect, Computer Programmer, Carpenter, Engineer, Small Business Owner, Detectives, Investigative Journalist                 |
| <b>Musical</b>              | Nursery Rhymes, Dancing, Making Simple Instruments, Playing Musical Instruments, Listening to Music, Karaoke                   | Musician, Dancer, Singer, Entertainer, Music Teacher, Songwriter, Record Producer, Composer, Sound Engineer, Conductors  |
| <b>Naturalist</b>           | Planting Seeds, Hiking, Gardening, Sand, Water, Rocks, Farm Toys, Toy Shovels, Clay, Hammers and Nails, Pets, Camping, Animals | Park Ranger, Zoo Keeper, Lumberjack, Fisherman, Florist, Farmer/Rancher, Veterinarian, Chef, Landscaper, Conservationist, Meteorologist, Gardener, Botanist, Agriculturist                               |
| <b>Spatial</b>              | Drawing, Bowling, Painting, Scrapbooking, Sculpture, Arranging Furniture, Puzzles, Block Play                                  | Artist, Pilot, Photographer, Astronaut, Hairdresser, Florist, Architect, Engineer, Carpenter, Illustrator, Painter, Interior Designer, Graphic Designer, Sculptor  |
| <b>Existential</b>          | Looking at Clouds, Daydreaming, Journal Writing, Observing Nature  | Theorist, Philosopher, Life Coach, Guidance Counselor, Spiritual Leader  |

## Winter Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Z | B | G | L | O | V | E | S | L | I | G | L | O | O | S | F | E | A |
| E | Z | D | B | W | I | N | T | E | R | S | O | R | M | N | N | H | X |
| F | Y | B | E | L | S | W | I | C | I | C | L | E | S | O | Z | G | N |
| R | S | O | P | C | I | W | E | F | G | A | U | R | N | W | M | M | V |
| O | D | L | G | C | E | Z | E | A | P | R | B | Q | O | F | Q | A | W |
| Z | Q | G | E | V | O | M | Z | A | R | F | C | U | W | L | A | J | G |
| E | A | H | T | D | A | L | B | A | T | M | D | Y | M | A | S | A | S |
| N | Y | K | A | R | W | A | D | E | R | E | U | U | A | K | N | C | O |
| G | B | O | O | T | S | T | Q | I | R | D | R | F | N | E | O | K | T |
| Y | P | A | D | M | I | T | T | E | N | S | F | G | F | T | W | E | V |
| K | K | K | R | A | S | K | I | I | N | G | R | X | N | S | W | T | U |
| Q | O | Y | F | J | O | V | B | J | R | G | K | A | K | W | K | H | Y |

Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

BLIZZARD

BOOTS

COLD

DECEMBER

EARMUFFS

FROZEN

GLOVES

HAT

ICICLE

IGLOO

JACKET

MITTENS

SCARF

SKIING

SLED

SNOW

SNOWFLAKE

SNOWMAN

SWEATER

WINTER

**Contact the Clearinghouse at  
850-644-1715**

