



Clearinghouse on Supervised Visitation Phone Conference Agenda



April 15, 2020

12PM/11CT

Discussion

1. Welcome and Announcements – Everyone is invited!
2. Check the listings on the website to ensure your program information is up to date and correct for the quarterly report. If you need to add or change anything email Lyndi Bradley at lbradley2@fsu.edu
3. **NEW REQUIREMENT** for A&V Report: “Do you have a child support case with the State of FL Child Support Services?”
4. Questions from Directors
5. Talking to Children about COVID-19
6. Survey to be Completed by Directors:
https://fsu.qualtrics.com/jfe/form/SV_4GFH4mSoBhCDUEd
7. Protective Factors Video Now Available:
<https://vimeo.com/407600351>
8. Virtual Visit Activities
9. Updated on Virtual Visit Technology: Excel Sheet Attached Separately
10. Virtual Visit Updates: What works? What doesn't? What can you share? Please be prepared to share your experiences.



New Supervised Visitation Database Question!

Please note that a new **mandatory** question has been added to Florida's Supervised Visitation Database. This question:

Do you have a child support case with the Florida Child Support Program?

is being included to help determine how many supervised visitation clients also have Florida Child Support Program agreements. Please choose either YES / NO / Don't Know to answer the question. It is not mandatory that clients answer YES, only that they do answer the question.

The new question will appear on the Client Information page for a Visitor and Custodian as seen in the picture below.

Client Update for Case '2004-1-JonesMarion'

[<< Back to Clients Listing](#) [<< Back to Cases Listing](#)

Client Type:

Last Name: First Name: MI:

Date of Birth (YYYY-MM-DD):

SSN Last 4:

Gender:

Race/ethnicity of this Client

(Check all that apply)

- American Indian or Alaska Native
- Black/African American
- White
- Hispanic
- Other Races - If you are A and V funded, you can not choose this category.
- Asian
- Pacific Islander
- Two or More Races

Relationship to Child(ren)

If relationship is different for different children, please indicate separately for each child.

Last	MI	Date of Birth	Relationship to Child	
Jones	Jason	M	2000-03-02	Mother (Biological or adoptive)

Do you have a child support case with the Florida Child Support Program? Yes No Don't know

Client lives Out of state In state (indicate county and city)

County of Residence:

City of Residence:

Annual income - all sources (to be recorded separately for each custodian & visitor)

If you have any questions regarding the new variable, please contact Kelly O'Rourke, Database Manager at kes2523@my.fsu.edu

We received a few questions regarding the expectations for completing the new data and wanted to share the below updates to assist with implementing this new requirement.

- SAV programs do not need to re-submit quarterly reports to DCF for the Oct – Dec 2019 service period.
- Guidance received from the federal program about the new requirement was that the existing child support data element for the SAV grant has changed from “optional” to “mandatory.” A simple yes or no to the child support question is all they are asking for at this time.
- SAV programs will need to be sure that any cases with services from Oct 1, 2019 through September 30, 2020 have the new question answered in the database for Visitors and Custodians.
- For all existing cases, during the reporting year it is acceptable for programs to make changes in the database about the child support question even though the case was accepted earlier. This may include updating older or even closed cases in the database.
- The goal is to have a complete report by September 30, 2020 to indicate whether or not there is child support involvement in every case entered that year.
- FSU is working on revising the database report and expects to have it reconfigured for the next reporting cycle (January – March 2020). Once they have the new report configured, the report will show red errors where this question is missing which should help the SAV programs identify cases that need to be updated, if any.
- SAV programs may want to consider adding the child support question to their intake form to obtain the information.
- FSU staff are available to the SAV programs for any questions and/or technical assistance with the new data reporting. In addition, the FSU Clearinghouse reviewed this topic on their last statewide monthly conference call for SAV programs and plan to include this topic again on their call next month. FSU contacts are Kelly O’Rourke at kes2523@my.fsu.edu or (850) 222-3845 and Karen Oehme at koehme@fsu.edu or (850) 644-6303.

Thank you for your assistance with this new requirement.

How to Talk to Children about COVID-19



Introduction

Novel CoronaVirus, most commonly referred to as COVID-19 is a highly contagious respiratory virus rapidly spreading throughout the world resulting in a pandemic. The most common symptoms of COVID-19 are fever, tiredness, tight chest and a dry cough. Most people (about 80%) recover from the disease without needing special treatment, however older people, and those with underlying medical problems are most likely to develop a serious case of it. Social distancing has been enforced worldwide, encouraging people to remain 6ft apart in order to prevent and slow the spread of the virus.

Below are suggestions on how to discuss the pandemic with your children based on their age ranges.

2-5 year olds

- *Ask them what they already know about COVID-19;* this gives them the opportunity to tell you what they may have heard, seen or been told about the current situation. It is important to listen to them and offer support when necessary. In most cases, children within this age group probably don't know a lot or understand the severity of it and it is best to try keep it as light and concise as possible to avoid distress.
- *Speak calmly and reassuringly;* children at this age can be very intuitive and can read your body language. Your tone of voice should be soothing and reassuring.
- *Make them feel safe;* don't offer more detail than your child is interested in and reassure them that they are safe with you

6-10 year olds

- *Be a role model;* practice self care, set routines, eat healthy, sleep well, exercise and be positive about the situation
- *Make the hygiene aspect fun;* hand washing should be practiced for 20 seconds, so incorporate your child's favorite song, or favorite movie character into the routine



- *Technology*; encourage the use facetime, skype, zoom and other video platforms for them to see their friends and loved ones virtually
- *Be open with them*; make sure you create a safe space for them to feel comfortable asking you questions with what is going on. Don't offer more detail than what they are asking.
- *Reassure*; letting them know none of this was their fault and they're not being punished for not going to school, seeing friends, doing social activities. Explaining that things are going to be a little different for a while, but they're not in trouble.

11-14 year olds

- *Safe not scared*; children in this age range are much more aware of their surroundings and usually have a lot more access to resources to inform them about COVID-19. Let them know they can use you as resource and ask you any questions or concerns they may have
- *Explaining their emotions*; your child may be experiencing a wide range of emotions and feelings during quarantine with a drastic reduction to their social world of friends and loved ones outside the household. Identifying and explaining these feelings to them can help to manage them.
- *Technology*; encourage them to use apps such as Headspace, Mood Tools, Anxiety Coach to address their anxious symptoms. The skills taught include mindfulness and cognitive defusion, breathing exercises, meditation practice, tips for increased relaxation, and concentration.



15-18 year olds

- *Encourage*; making them aware they can live as normally as possible within the house and the can have their own personal time will help them feel less suffocated being confined to the house with a lack of physical interactions outside of the house
- *Give them facts, and let them lead the discussion*; Let them lead the discussion. But be mindful that too much information can create anxiety. Also, avoid language that blames race, animals or culture for the spread of the virus.
- *Technology*; encourage them to use apps such as Headspace, Mood Tools, Anxiety Coach to address their anxious symptoms. The skills taught include mindfulness and cognitive reframing, breathing exercises, meditation practice, tips for increased relaxation, and concentration.

Most Importantly: Reassure your child that many smart professionals all over the city/county/country/world are working to end this crisis as quickly as possible.

References

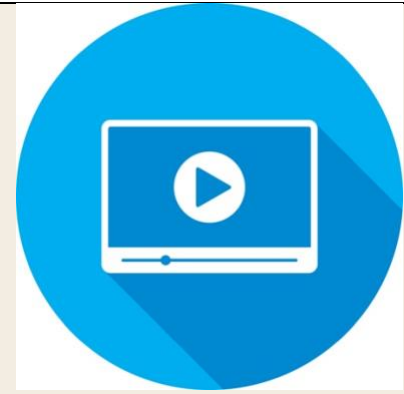
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"Q&A On Coronaviruses (COVID-19)." *World Health Organization*, World Health Organization, Mar. 2020, www.who.int/news-room/q-a-detail/q-a-coronaviruses.

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Protective Factors Video



THE PROTECTIVE FACTORS AT SUPERVISED VISITATION



<https://vimeo.com/407600351>

Additional Virtual Activities



Yoga: Free YouTube Videos

Cosmic Kids Yoga- Moana: https://www.youtube.com/watch?v=5y3gCrL_XIM

Cosmic Kids Yoga- Frozen: <https://www.youtube.com/watch?v=xlg052EKMtk>

Zumba Dance/Exercise Work Outs for Kids: Free YouTube Videos

ZUMBA KIDS-Electronic Songs- Minons: <https://www.youtube.com/watch?v=FP0wgVhUC9w>

20 minute HIP HOP Dance Class- Learn a Dance with Me: <https://www.youtube.com/watch?v=Kd-Va1m4s1E&list=PLaEOkb26ypujqjTvOcHdHLYNb-hSvVTJM&index=212>

Uptown Funk- Easy Kido Dance Warm Up: <https://www.youtube.com/watch?v=aXDvdCDAyHo>

Kids Workout Full 25 Minutes- Jumping Jax Gym:
<https://www.youtube.com/watch?v=dhCM0C6GnrY>

11 Fun Exercise Routines For Kids @ Home- Get Fit Get Active:
https://www.youtube.com/watch?v=x_9L5_A6Ww4

Contact the Clearinghouse

850-644-1715

