



# Clearinghouse on Supervised Visitation Phone Conference/Webinar Agenda



February 17, 2021  
12PM/11CT

## Discussion

1. Welcome and Announcements – Everyone is invited!
2. Check the listings on the website to ensure your program information is up to date and correct for the quarterly report. If you need to add or change anything email Lyndi Bradley at [lbradley2@fsu.edu](mailto:lbradley2@fsu.edu).
3. Questions from Directors – Therapeutic Supervised Visits
4. Calendar for Public Awareness to Promote Action in Florida Communities and Family by the Office of Adoption and Child Protection: <https://www.flgov.com/wp-content/uploads/childadvocacy/2021%20Florida%20Public%20Awareness%20Calendar%20V1.0.pdf>
5. February is Healthy Teen Relationship Month
6. Governor's Faith and Community Initiative: Survey <https://www.flgov.com/fbcb/>
7. Protective Factors Webinar Series: [https://www.ounce.org/webinar\\_series.html](https://www.ounce.org/webinar_series.html)
8. Preparing for April (Child Abuse Awareness Month): <https://www.ounce.org/CAPMonth.html>
9. Preliminary Report & Recommendations—Visitation Recordings
10. The Brain's Reward System
11. Substance Abuse Training- Curriculum provided by SAMHSA and FSU

Public Awareness to Promote Action in Florida Communities and Families

# 2021

## JANUARY

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Human Trafficking Awareness Month  
Mentoring Month

Foster Family Appreciation Week – Feb 8-12  
Healthy Teen Relationship Month

Developmental Disabilities  
Awareness Month

Autism Awareness Month  
Child Abuse Prevention Month  
Month of the Military Child  
Sexual Assault Prevention Month  
Volunteer Month

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Children’s Mental Health Awareness Week – May 3-7  
Foster Care Awareness Month  
Mental Health Awareness Month  
Teen Pregnancy Prevention Month  
Water Safety Month

Elder Abuse Awareness Day – June 15  
Hot Car Awareness Month  
Hurricane Preparedness Month  
Reunification Month  
Water Safety Month

Hot Car Awareness Month  
Minority Mental Health Awareness Month  
Summer Learning Week – July 5-10  
Water Safety Month

Back to School Safety Month  
Immunization Awareness Month  
Overdose Awareness Day – Aug. 31

## SEPTEMBER

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Childhood Obesity Awareness Month  
Child Passenger Safety Week – Sept. 19-25  
Recovery Month  
Suicide Prevention Week – Sept. 5-11

Bullying Prevention Month  
Domestic Violence Awareness Month  
Safe Sleep Month  
Red Ribbon Week – Oct. 23-31  
Disability Employment Awareness Month

Adoption Month  
Family Engagement in Education  
Month  
Trauma Informed Care Day – Nov. 1

Home for the Holidays  
(Adoption Promotion)

For more information, visit:  
[www.flgov.com/child\\_advocacy](http://www.flgov.com/child_advocacy)

## January

- [Severe Weather Awareness Week](#) (HSMV)
- [Human Trafficking Awareness Month](#) (AG's Office)
- [Mentoring Month](#) (DOE)
- [Move Over, Florida!](#) (HSMV)

## February

- [National TV Safety Day](#) (2/1) (DOH)
- [Foster Family Appreciation Week](#) (2/8-2/12) 2021 (DCF)
- [National Burn Awareness Week](#) (2/7 - 2/13) (DOH)
- [Black History Month](#) (DOE & DCF)
- [Children's Dental Health Month](#) (DCF)
- [Healthy Teen Relationship Month](#) (DOE & DOH)
- [Hit and Run Awareness Month](#) (HSMV)

## March

- [St. Patrick's Day: Buzzed Driving is Drunk Driving](#) (3/17) (HSMV)
- [Medicine Safety - National Poison Prevention Week](#) (3/21 - 3/27) (DOH & DCF)
- [National Consumer Protection Week](#) (2/28/-3/6) (HSMV)
- [Sleep Awareness Week](#) (3/14-3/20) (DCF)
- [Vehicle Safety Recalls Week](#) (3/8 – 3/12) (HSMV)
- [Developmental Disabilities Awareness Month](#) (APD)
- Fraud Awareness Month (DCF)
- [Spring Break: Never Drive Impaired](#) (HSMV)
- [Women's History Month](#) (DOS & DCF)

## April

- [National Walking Day](#) (4/7) (HSMV)
- [Take Your Child to Work Day](#) (4/22) (DOH)
- [Playground Safety Week](#) (4/26 - 4/30) (DOH)
- [Autism Awareness Month](#) (APD)
- [Child Abuse Prevention Month](#) (PCAFL & DCF & OACP)

- [Distracted Driving Awareness Month](#) (HSMV & DOH & DCF)
- [Month of the Military Child](#) (DOE & OACP)
- [Sexual Assault Prevention Month](#) (DOH)
- Stress Awareness Month (DCF)
- [Volunteer Month](#) (DCF & VF)
- [Youth Sports Safety Month](#) (DOH)

## May

- [Water Safety Day 5/15](#) (DOH & DCF)
- [Children's Mental Health Awareness Week](#) 5/3-5/7 (DCF)
- [Hurricane Preparedness Week](#) 5/9-5/15 (DOH)
- [National Safe Boating Week](#) 5/15-5/22 (HSMV & DOH)
- [Allergy Awareness Month](#) (DCF)
- [Foster Care Awareness Month](#) (DCF)
- [Jewish American Heritage Month](#) (DOE)
- [Mental Health Awareness Month](#) (DCF)
- [Motorcycle and Bicycle Safety Awareness Month](#) (HSMV & DOH)
- [Teen Pregnancy Prevention Month](#)
- [Water Safety Month](#) (PCAFL&DCF&DOH)

## June

- [First Day of Hurricane Season](#) (6/1) (DEM)
- [Elder Abuse Awareness Day](#) (6/15) (DEA&DCF)
- [National CPR & AED Awareness Week](#) (6/1 - 6/7) (DOH)
- Refugee Week (6/14 - 6/20) (DCF)
- Hot Car Awareness Month (DOH&DCF)
- [Hurricane Preparedness Month](#) (DEM)
- [Reunification Month](#) (DCF)
- National Healthy Homes Month (DCF)
- Home Safety Month (DOH)
- National Safety Month (DCF)
- [Emergency Contact Information Awareness Month](#) (HSMV)
- [Safe Summer Travel](#) (HSMV)

## July

- Independence Day - Fireworks Safety (7/4) (DOH)
- National Parents' Day (7/25) (DCF)
- [Summer Learning Week](#) (7/12 - 7/16) (DOE)
- [Beach/Open Water Safety](#) (DOH)
- [Camping Safety](#) (DOH)
- [Minority Mental Health Awareness Month](#) (DCF)
- National Heatstroke Awareness Month (DOH)
- [Safe Summer Travel](#) (HSMV)
- Travel/Vacation Safety (DOH)

## August

- National Day of Play (8/5) (DOH)
- International Youth Day (8/12) (DCF)
- World Senior Citizens Day (8/21) (DCF)
- Overdose Awareness Day (8/31) (DCF)
- Back to School Safety Month
- Immunization Awareness Month
- [Child Safety Awareness Month](#) (HSMV)
- Children's Eye Health and Safety Month (DCF)
- [National Breastfeeding Month](#) (DCF)

## September

- [World Suicide Prevention Day](#) 9/10 (DCF)
- [Grandparents Day](#) 9/13 (DOH)
- [Florida Missing Children's Day](#) 9/14 (DCF)
- [Dads Take Your Child to School Day](#) (DOE)
- [National Seat Check Saturday](#) (HSMV&DOH)
- [Suicide Prevention Week](#) (9/5-9/11) (DCF)
- [Child Passenger Safety Awareness Week](#) (9/20-9/26) (HSMV&DOH)
- [Rail Safety Week](#) (9/20-9/26) (DOH)
- [Childhood Obesity Awareness Month - FL Healthiest Weight Month](#) (DCF)
- Baby Safety Month (DOH&DCF)
- Newborn Screening Awareness Month (DCF)
- [National Preparedness Month](#) (DEM)
- Florida Opioid Awareness and Prevention
- [National Recovery Month](#) (DCF)
- [Workforce Development Month](#) (DCF)

## October

- [Walk to School Day](#) (10/7) (HSMV&DOH)
- [World Mental Health Day](#) (10/10) (DCF)
- [Home Fire Drill Day](#) (DOH)
- [Fire Prevention Week](#) (10/3-10/9) (DOH)
- [National Teen Driver Safety Week](#) (10/17-10/23) (HSMV&DOH)
- [National School Bus Safety Week](#) (10/18-10/22) (DOH)
- [Red Ribbon Week](#) (10/23 - 10/31) (DCF)
- [Bullying Prevention Month](#) (DOE)
- [Disability Employment Awareness Month](#) (APD&VR)
- [Domestic Violence Prevention Month](#) (DCF)
- [Safe Sleep/Sudden Infant Death Syndrome \(SIDS\) Awareness Month](#) (PCAFL, DCF, DOH)
- Substance Abuse Prevention Month (DOE)

## November

- Trauma Informed Care Day (11/1) (OACP)
- [National Adoption Day](#) (11/20) (DCF)
- Thanksgiving - Cooking Safety (DOH)
- Carbon Monoxide Awareness Week (DOH)
- [National Hunger and Homelessness Awareness Week](#) (11/14 - 11/21) (DCF)
- [Florida Adoption Month](#) (DCF&OACP)
- [Florida Family Engagement in Education Month](#) (DOE)
- Gas Fireplace Safety (DOH)
- [National Family Caregivers Month](#) (DCF)
- [National Alzheimer's Disease Month](#) (DCF)
- [Safe Holiday Travel](#) (HSMV)

## December

- Carbon Monoxide Awareness Month (DOH)
- Toy Safety/Holiday Safety (DOH)
- Safe Toys and Gifts Month (DCF)
- Home for the Holiday (Foster care and adoption initiative) (DCF)
- [Impaired Driving Prevention Month - Safe Holiday Travel continued](#) (HSMV)

## February is Healthy Teen Relationship Month



For more information, visit the following resources:

- **I Am Courageous Campaign:**  
<https://www.iamcourageous.org>
- **Love is Respect:**  
<https://www.loveisrespect.org>
- **Break the Cycle:**  
<https://www.breakthecycle.org>
- **Local Domestic Violence Centers:**  
<https://www.myflfamilies.com/service-programs/domestic-violence/map.shtml>

**Governor's Faith and Community Initiative:** There is an important survey about vulnerable populations around the state. Please fill out the survey to inform the group about your important supervised visitation work.

<https://www.flgov.com/fbcb/>

2020 Meeting Materials  
2019 Meeting Materials  
2018 Meeting Materials  
2017 Meeting Materials  
2016 Meeting Materials  
2015 Meeting Materials  
2014 Meeting Materials  
2013 Meeting Materials  
2012 Meeting Materials  
2011 Meeting Materials

 **The Partnership Center**  
Center for Faith and Opportunity Initiatives  
U.S. Dept. of Health and Human Services

### Contact Governor DeSantis

Executive Office of Governor Ron DeSantis  
400 S Monroe St  
Tallahassee, FL 32399  
(850) 488-7146

[Email Governor DeSantis](#)

[Email Lt. Governor Nunez](#)

[Information Center](#)

[Scheduling Requests](#)

 **SEARCH STATE PAYROLL**  
Holding Government Accountable

**GOVERNOR DESANTIS' INTERNSHIP PROGRAM**



Under Florida law, e-mail addresses are public records. From the Florida Department of State, 2019.

**Prevent Child Abuse Florida** has a nice webinar series on the **Protective Factors**. Many of you are looking for new resources, and this is a good introduction to your staff, if you are looking for new material. [https://www.ounce.org/webinar\\_series.html](https://www.ounce.org/webinar_series.html)



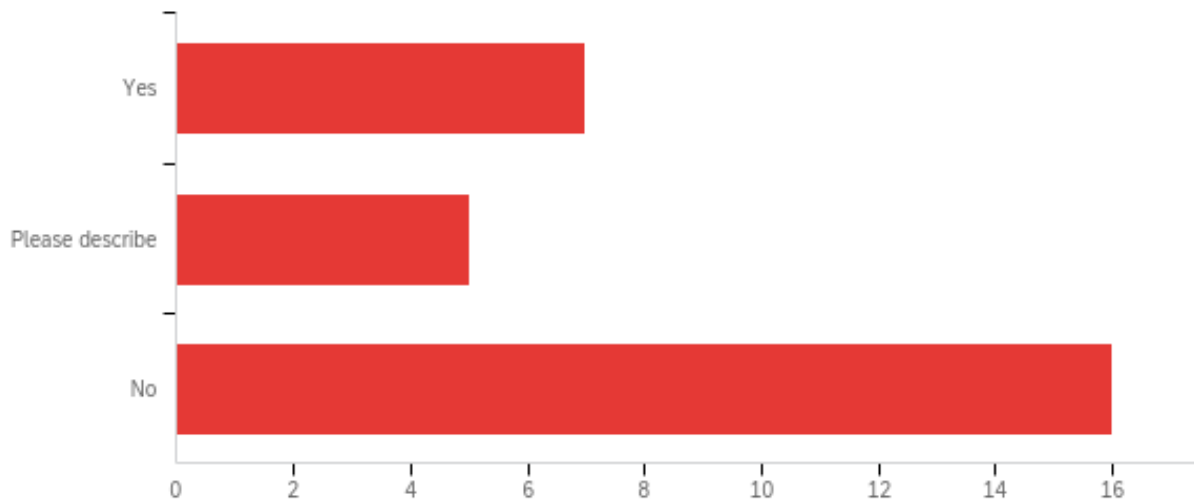
**Prevent Child Abuse Florida** is gearing for **Child Abuse Awareness Month** (April). Check out the statewide initiative ***Pinwheels for Prevention*** for resources.

<https://www.ounce.org/CAPmonth.html>



# Preliminary Report: *Visitation Recordings*

## Q1 - Has your program been recording VIRTUAL visits?



#	Answer	%	Count
3	Yes	25.00%	7
4	Please describe	17.86%	5
5	No	57.14%	16
	Total	100%	28

Please describe - Text

Only 1

No longer doing virtual visits at this time

Off-site has been a plus for the company even through COVID

Some that are difficult are recorded.

virtual visits not conducted at this facility

**Q2 - If so, about how many recordings does your program have saved to date?**

unsure

few hundred

about 5

about 130

15

5

70

**Q3 - How are the recordings being stored?**

dedicated server

on our onedrive

On the worker's hard drive

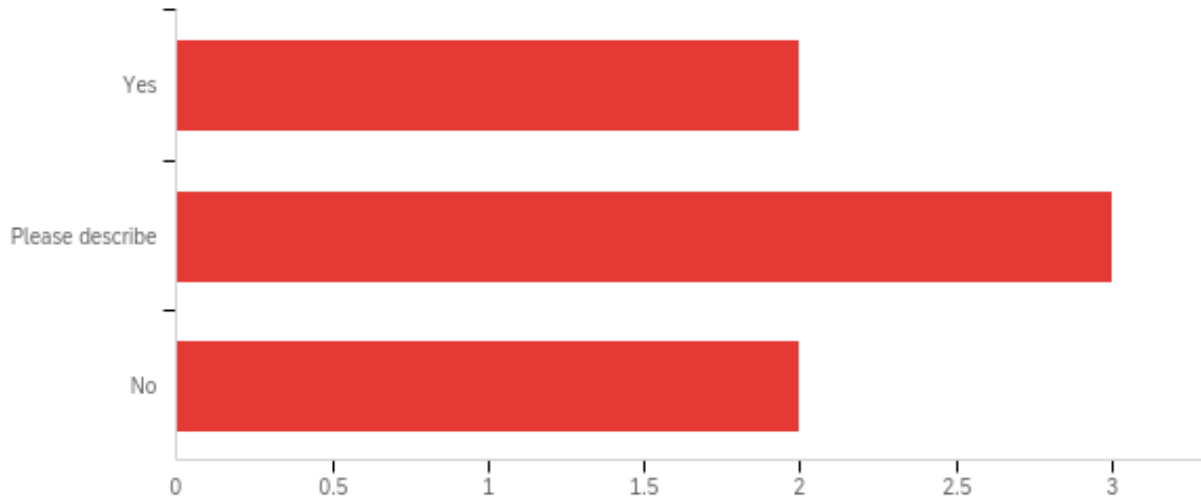
in a file labeled Zoom in each case folder

On computer

on the computer

In a file folder after being converted.

**Q4 - Does your program have any policies regarding the recordings and their use?**



#	Answer	%	Count
3	Yes	28.57%	2
4	Please describe	42.86%	3
5	No	28.57%	2
	Total	100%	7

**Please describe - Text**

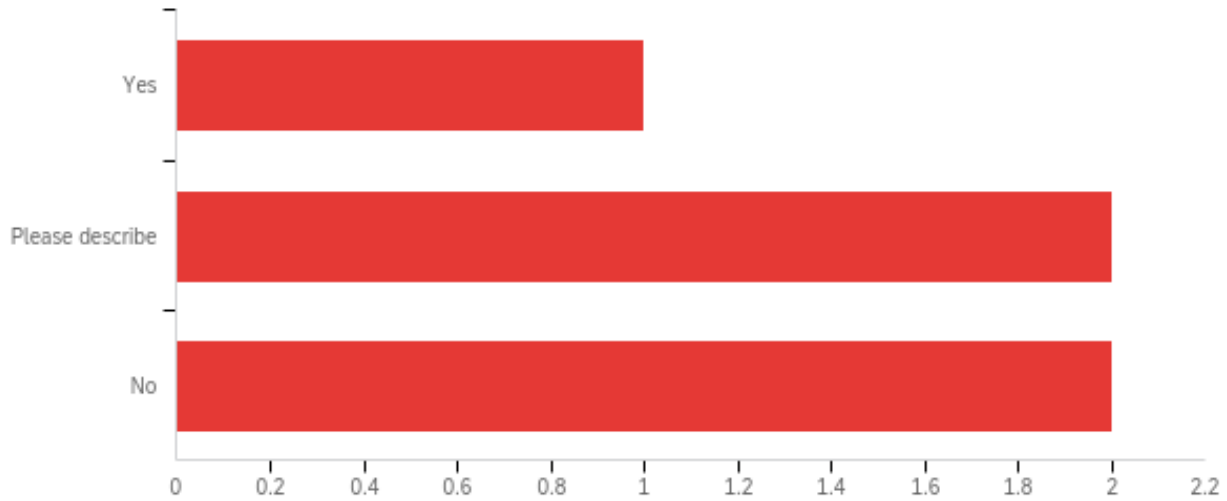
all zoom visits need to be recorded

We keep them for 30 days

We have a statement in our Agreement that visits may be recorded for quality control.



**Q5 - Does your program have any policies regarding the process of releasing these recordings?**



#	Answer	%	Count
3	Yes	20.00%	1
4	Please describe	40.00%	2
5	No	40.00%	2
	Total	100%	5

Please describe - Text

IT support for releasing them

Need a subpoena

**Q6 - If yes, what are the policies for releasing the recordings?**

court order

all visits are transparent except TSV and those are given to client only

IT support was required....so now the CM records the visits.

Subpoena

## Preliminary Recommendations: *Visitation Recordings Best Practices*

- Remember, there are currently no standards about virtual visit recordings.
- The Clearinghouse recommends the following:
  - Court Order- Going forward, you should have clear direction from the court that the case visits are to be recorded. Having this in the court order makes it clear.
  - The other option would be if your program always records ALL virtual visits. IF that is the case, you must include that in your Parental Agreement.
  - The idea is transparency: everyone should know what's going to happen.
- Recordings should be saved on a device provided by the agency with, preferably, at least one password layer to the device.
  - Some programs have said that they have recordings on an employee's work laptop/device. If an external hard drive is provided by the agency (anywhere from \$30-\$100), then the recordings can be kept on the hard drive, sent via employee email (Microsoft- OneDrive, gmail- Google Drive, etc.), etc.
  - Recordings **should never** be saved on an employee's PERSONAL device.
- Release of recordings. Because this process is so new, my advice would be that the parties obtain a subpoena or court order to access current recordings. However, going forward, you should have in your parental agreement how parents can access the recordings, and how they will be delivered to the parents. Yes, you can try to require parents to get a subpoena or court order at first, until a local judge gives you more guidance. My guess is that judges will eventually want you to simply email the videos to each parent. But again, there's no rule currently.

# THE BRAIN'S Reward SYSTEM

## INTRODUCTION

We all encounter both negative and positive emotions throughout our lives. Positive emotions occur when our brain's reward system is activated. Use the following ideas and suggestions to create healthy habits that can lead to positive emotions.

## ACTIVITIES THAT POSITIVELY BENEFIT HUMANS' REWARD SYSTEM

The brain is able to change and heal at every stage of life. This process is called neuroplasticity. Neurons in the brain are able to make new connections when we engage in healthy activities and release "happy" neurotransmitters. Instead of engaging in unhealthy or harmful behaviors, find healthy ways to activate the brain's reward system. Neurotransmitters help improve our mental health and help prevent or reduce anxiety and depression.

### A FEW BENEFITS OF YOGA

There can be beneficial effects to practicing yoga. Yoga has been shown to reduce pain and improve mental health.

### A FEW BENEFITS OF SUN EXPOSURE

Brief sun exposure has benefits. The body produces Vitamin D, and exposure to daylight allows melatonin production at night, which helps you sleep. In addition, the body produces endorphins, which are responsible for reducing stress and pain.

### A FEW BENEFITS OF PHYSICAL ACTIVITY

Exercise and physical activity can delay the onset of 40 chronic conditions/diseases. Exercise sustains and improves quality of life. Stronger muscles are formed from endurance training which also benefits one's mental health resilience.

## HELP YOUR BRAIN

### HOW TO ACCESS THE REWARDS

#### SEROTONIN

##### *The Mood Stabilizer*

Practice gratitude

Spend time outside during the day

Exercise

#### OXYTOCIN

##### *The Love Hormone*

Yoga

Spend time with friends

Hug someone

Do something nice for someone

Pet an animal

#### DOPAMINE

##### *The Reward Chemical*

Eat nutritious foods

Exercise

Listen to music

Meditate

Spend time in nature

#### ENDORPHINS

##### *The Pain Killer*

Laugh

Eat dark chocolate

Get a massage

Meditate

Exercise



# Substance Use Disorders

**A training adapted from FSU and SAMHSA**

Beginning in 2020, the Clearinghouse has begun ongoing training on substance use issues in supervised visitation.

In today's conference, we will be using an adapted training from Florida State University.

At the end of five trainings, all SV staff who have attended the sessions will receive a Certificate of Training from the Clearinghouse on Supervised Visitation on Substance Use Disorders.



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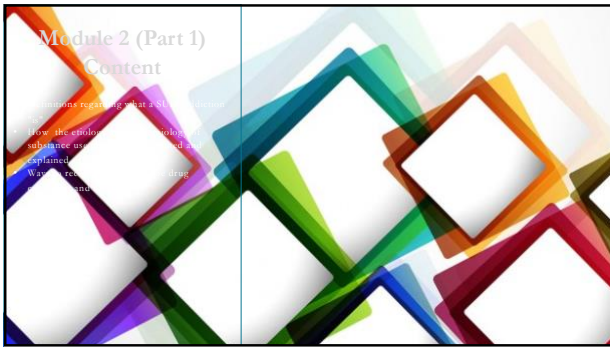
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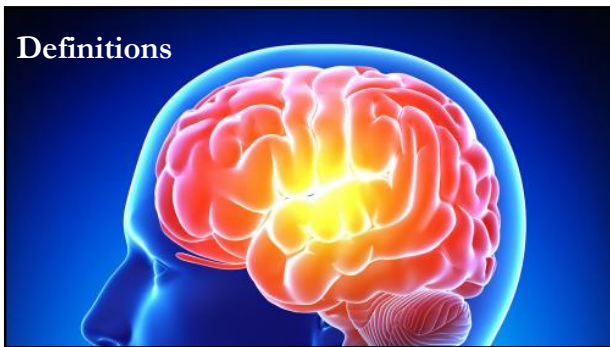
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## Definitions

- **APA:** Addiction is a complex condition, a brain disease that is manifested by compulsive substance use despite harmful consequences. People with addiction (severe substance use disorder) have an intense focus on using a certain substance(s), such as alcohol or drugs, to the point that it takes over their life.
- **ASAM:** Addiction is a treatable, chronic medical disease involving complex interactions among brain circuitry, genetics, the environment, and an individual's life experiences. People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences. Prevention efforts and treatment approaches for addiction are generally as successful as those for other chronic diseases.  
- Adapted by the ASAM Board of Directors September 15, 2019

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## Definitions

- **DSM V:** Note that the word addiction is not applied as a diagnostic term in this classification, although it is in common usage in many countries to describe severe problems related to compulsive and habitual use of substances. The more neutral term substance use disorder is used to describe the wide range of the disorder, from a mild form to a severe state of chronically relapsing, compulsive drug taking. Some clinicians will choose to use the word addiction to describe more extreme presentations, but the word is omitted from the official DSM-5 substance use disorder diagnostic terminology because of its uncertain definition and its potentially negative connotation.

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## The Language of Addiction

- Why are words important?
- What words do you use on a daily basis in your program?
- What are the messages beyond those words?
- Are they consistent with your belief in RECOVERY?
- If not, why not?

Words  
have  
Power

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# Words Matter!

"Moral and behavioral health terms often communicate stigma, a damaging message regarding persons and recovery."

Strength-based, recovery-oriented alternative terms to be used in both written and verbal communications.

"Misinterpretations" are defined as beliefs, ideas, or theories incorrectly ascribed to an individual. They result either from lack of privileged groups because they only be affected by one factor—mean that point into the less privileged. —Pharis, 1995

Stereotypes continue to be a potent force in the formulation of public policy and perpetuate shameful persecution by our criminal justice system.

<https://odhmnvax.com/www.fdaa.org/resource/esmg/files/061818>

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## Person First Language

The "Person First" language is neither stigmatizing nor objectifying. It is used to acknowledge that the disability is not as important as the person's individuality and humanity, e.g., "a person with a substance use disorder" versus "an addict."

*Exceptions to person-first language that are preferred by some persons in recovery are respected, e.g., person-first and 12-step tradition.*

Are there practice implications for our word choices?

How does language impact thinking and in what way does thinking impact behavior?

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## Dispelling Negative Bias

Treatment professionals, healthcare professionals, and the general public continue to perpetuate negative bias with terms such as "substance abuser", "alcoholic", and "addict."

Positive counter terms  
*"a person with a substance use disorder", "a person with an alcohol use disorder", "a person with an opioid use disorder."*

Also preferred:  
*Recovery, Recovery of Use, Medication-assisted Treatment or Medication-assisted Recovery*

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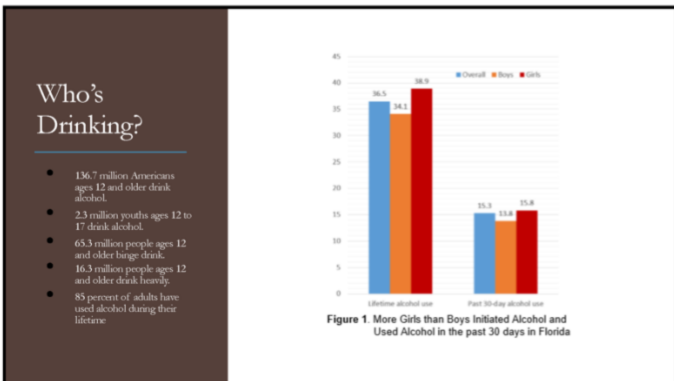
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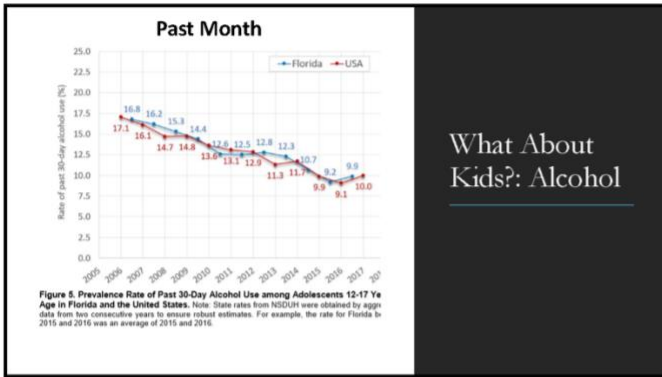
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## What About Kids?: Alcohol

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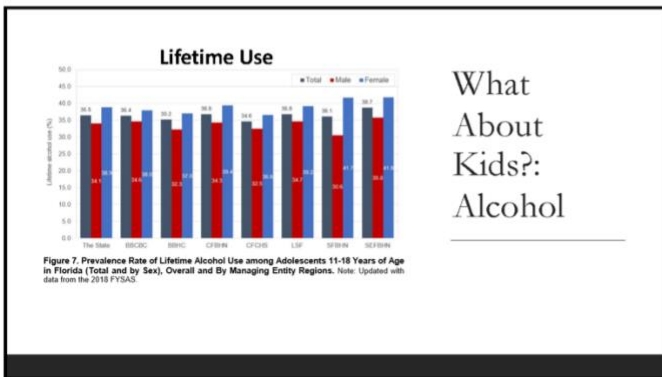
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## What About Kids?: Alcohol

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### What About Kids?: Drugs-Opioids

Prescription drug misuse, which can include opioids, is among the fastest growing drug problems in the United States. In 2016, 3.6 percent of adolescents ages 12-17 reported misusing opioids over the past year. This percentage is twice as high among older adolescents and young adults ages 18-25.<sup>2</sup> The vast majority of this misuse is due to prescription opioids, not heroin. Fortunately, opioid misuse is decreasing. For example, among high school seniors, past-year misuse of pain medication



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### In Florida?: Drugs-Opioids

Opioids are a class of drugs that include heroin, fentanyl and pain relievers available legally by prescription, such as oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, and many others. As reported by the [National Institute on Drug Abuse](#), every day, more than 130 persons in the United States die after overdosing on opioids. The misuse of and the addiction to opioids—including prescription pain relievers, heroin, and synthetic opioids such as fentanyl—is a serious national crisis that affects public health as well as social and economic welfare. In Florida, the opioid-related overdose death rate was 14.40 per 100,000 population in 2016, and the rate of opioid prescription per 100 persons was 62.80.



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### Drug Categories & Legal Classifications



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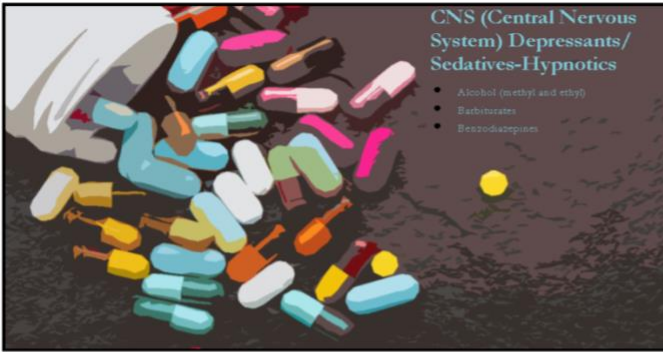
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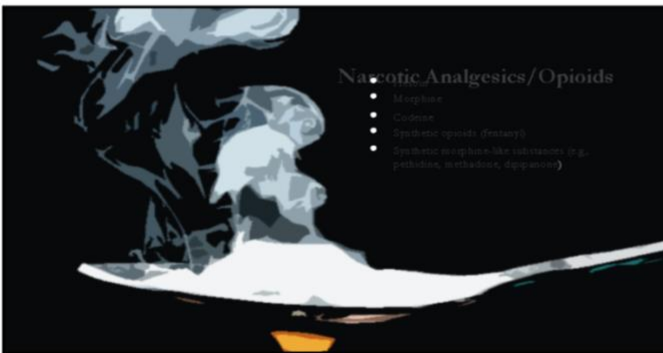
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### Hallucinogens

- Lysergic acid diethylamide (LSD)
- Mesocaine
- Magic mushrooms (psilocybin)
- MDMA



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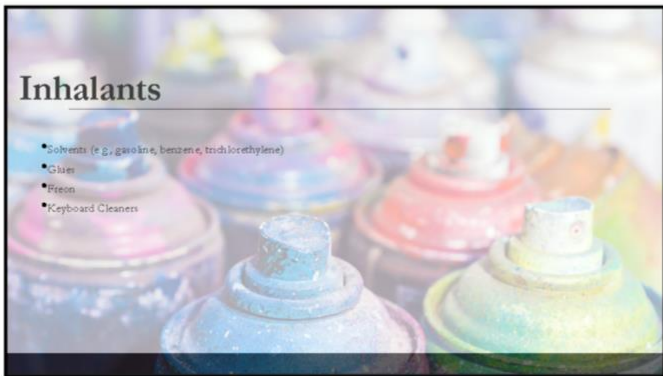
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### Inhalants

- Solvents (e.g., gasoline, benzene, trichloroethylene)
- Glues
- Freon
- Keyboard Cleaners



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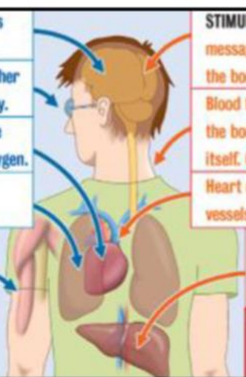
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**DEPRESSANTS** slow messages between the body and brain. Signals from the eyes and other senses reach the brain slowly. Heart rate drops, leaving the body with less energizing oxygen. Breathing rate decreases; risk of lung infections rises. Messages to muscles are slower; arms and legs can't move well.

**RESULT:** The body can't sense—or respond to—stress.

**STIMULANTS** create fake messages in the brain, telling the body that it's under stress. Blood to skin decreases; the body is less able to cool itself. Overheating is a risk. Heart rate speeds up. Blood vessels to the heart constrict. The liver releases sugar into the blood, reducing the body's energy stores.

**RESULT:** If real stress occurs, the body won't be able to respond.

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Contact the Clearinghouse  
850-644-1715

