**The Leon List for Healthy Families**

Spending time together as a family is important to a child’s growth and well-being. The following list provides Leon County family programs and events that parents can take advantage of in the month of April. Celebrate National Child Abuse Prevention Month by taking part in these fun and strengthening activities!

**Baby Time and Story Time**

*April 1st, April 8th, April 15th, April 22nd, and April 29th*

Locations: Main Library (200 W. Park Ave, downtown) – 10:30 - 11:00 AM

Parking is $2 if staying over an hour.

Northeast Branch (5513 Thomasville Rd) – 10:30 AM

Parking is free.

Baby Time: This activity is for children ages 0 to 3 years old and their parent/guardian. A librarian leads the group in rhymes, songs, and short stories.

Story Time: This activity is for children ages 3 years and older and their parent/guardian. A librarian leads the group in rhymes, songs, and short stories.

**“Little Ones Music Play”**

*April 3rd, April 10th, April 17th, and April 24th*

Location: Tallahassee Memorial Hospital Women’s Pavilion – 1300 Miccosukee Road

These groups are fun, educational, and designed to teach children new skills in language, motor abilities, and cognitive skills through music! Groups last approximately 30 minutes and cost $5 per family per week.

\*Children (18-23 months): Every Friday at 9:30 am

\* Toddlers (12-17 months): Every Friday at 10:15 am

\* Infants (6-11 months: Every Friday at 11:00 am

**Imagination Fountain’s Nighttime Finale Show**

*April 3rd, April 10th, April 17th, and April 24th*

Location: Cascades Park – 1001 South Gadsden Street

After dark, the Imagination Fountain becomes a show programmed to lights and music. The free performance takes place at Cascades Park and lasts for seven minutes.

Shows begin at 8:00, 8:30, and 9:00 pm

**Second Saturday Family Programs**

*April 11, 2015*

*11:00am – 12:30 pm*

Join the Museum of Florida History every month for a free hands-on activity exploring the great history and heritage of the Sunshine State. Second Saturday Family Programs at the Museum of Florida History offer hands-on history for every member of the family. The program, admission, and parking are free. Lunch is available for purchase from the Egg Express Cafe in the Museum lobby.

**20th Annual Children’s Week - Storybook Village**

*April 14, 2015*

9:00 am – 2:00 pm (30 minute time slots)

Location: State Capitol Courtyard

Children's Week partners and volunteers will create a "village" of interactive reading booths for children to explore that will feature stories and characters from their favorite books! Students, teachers, parents and advocates should reserve a time slot for their group to walk through and experience the magic of the village. Children are encouraged to attend the Village dressed as their favorite character. All children visiting the village will received a free book.

Register at: *http://www.childrensweek.org/index.php/component/jcalpro/10-children-s-week/9-storybook-village?Itemid=192*

**FSU Flying High Circus Presents "Action!"**

For over 60 years the Flying High Circus has been dazzling audiences with its annual spring showcase. Each showcase offers a different theme while the acts remain the same keeping favorites like flying trapeze, juggling, and quartet adagio front and center. This is a great event for the whole family!

Show dates and times:

Thursday, April 2nd 7:00pm

Friday, April 3th 8:00pm

Saturday, April 4th 2:00pm

Friday, April 10th 8:00pm

Saturday, April 11th 8:00pm

Friday, April 17th 8:00pm

Saturday, April 18th 2:00pm

Saturday, April 18th 8:00pm

Sunday, April 12th 2:00pm

Admission:

*Advanced Prices*

Section A - adult $20 to $27, child $15 to $22 Section B - Adult $15 to $22 child $10 to $17

*Gate Prices*

Section A - adult $22 to $29, child $17 to $24

More information can be found on the website: http://circus.fsu.edu/2015-Home-Show-Series

**Slide the City- Tallahassee**

*April 4th*

Slide the City is a family-friendly 1,000 foot slip-and-slide water party event. There will be live music, food, drinks, water, and the biggest slip and slide ever to hit asphalt. Make sure to bring your water buckets, floaties, and non-realistic water guns, to squirt, spray, splash, and get all attending soaked.

Register at: *http://www.slidethecity.com/events/tallahassee/*

**LeMoyne Chain of Parks Arts Festival**

*April 18th-19th*

10:00 am – 5:00 pm

Downtown Tallahassee’s Chain of Parks – Park

This free annual two-day juried art festival will be held beneath the moss-draped oak trees in the downtown Chain of Parks. Browse exhibits of artwork for purchase from more than 150 artists from around the country. There will be live music, food, a Children’s Festival and much more!

**North Florida VegFest**

*April 4th*

11:00 am –3:00 pm

Location: Cascades Park – 1001 South Gadsden Street

Tallahassee Vegetarian Community (TalVeg) is pleased to announce the 1st Annual North Florida VegFest, celebrating healthy, fresh, local plant-based eating and compassionate living! North Florida VegFest is family friendly and will feature nationally recognized speakers and authors, informative exhibitors, vegan cooking demonstrations, and delicious plant-based food from veg-friendly restaurants and food companies.

**Family Health Day**

April 11th

10:00 am – 4:30 pm

Location: Florida Historic Capitol Museum – 400 South Monroe Street, Tallahassee, Florida 32399

Participate in a free family-friendly, heart-happy, well-being, activity-filled day. From aerobics in the courtyard to activities in the chambers, the whole day will be dedicated to celebrating health and wellness!

*\*Additional Family Resources for families in the Tallahassee area can be found online at: http://fun4tallykids.com/Family-Resources/*