

Trainings on Neurodiversity Issues

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The search criteria used for the table included trainings that are free/inexpensive, are open access, can be done individually, provided psychoeducation for professions working neurodivergent populations, and that were not time limited.

Name	Sponsor	Description	Category
<u>What is Neurodiversity? An Interactive Introduction</u>	Exceptional Individuals	This webinar introduces neurodiversity to employees, helping them support neurodivergent colleagues for a more inclusive work environment. Additional webinars are offered throughout the year.	Neurodiversity- General
<u>Managing ADHD, Autism, Learning Disabilities, and Concussion in School</u>	University of Colorado	This free online course focuses on supporting individuals with Autism, ADHD, learning disorders, and concussions. The course teaches the characteristics of each diagnosis.	ADHD, Autism, Learning Disabilities, and Concussion- School
<u>Autism and Neurodiversity in the Workplace</u>	The University of British Columbia	This free, online, module-based training focuses on creating an inclusive work environment for all employees.	Autism, Neurodiversity- Work
<u>AAC: Autistic Experience, Research, Recommendations</u>	Therapist Neurodiversity Collective	This on-demand course provides research and resources on augmentative and alternative communication for people with autism. It currently costs \$10 to enroll in this course.	Autism- Communication
<u>Racial Disparities in Autism: The Role of Race and Disability Stigma</u>	Therapist Neurodiversity Collective	This free online seminar explores the connection between race and autism, addresses the impact of social stigmas on individuals with autism, and suggests approaches for future research to avoid stigmatizing race and autism. The course is currently priced at \$10.	Autism- Intersectionality/Race
<u>Remove Your Fears of Autism and Anxiety and Smile While Doing It</u>	Neurodiversity Training International	This seminar helps people understand children with autism, reducing fears and worries about the diagnosis. They offer a free 30-day trial with diverse neurodiversity webinars.	Autism- Fear
<u>Introduction to Autism</u>	AFIRM	The free online modules cover an introduction to the characteristics of autism, strategies for supporting	Autism- General

		individuals with autism, and interactive activities to reinforce the acquired knowledge.	
<u>Intersectionality of Autism and Gender</u>	The Frist Center for Autism & Innovation at Vanderbilt	This webinar is free on YouTube and covers the different experiences women and nonbinary individuals may have with autism.	Autism - Intersectionality/Gender
<u>Understanding Autism</u>	Open Learn University	This free online course on the Open Learn website offers a self-paced overview of autism, covering diagnosis, lifespan experiences, societal evolution, and individual/family perspectives.	Autism- General
<u>Autism and Neurodiversity: Building Your Child's Strengths</u>	edX	This free online course on the edX website is currently open for enrollment until November 30th. It spans 6 weeks and focuses on empowering individuals working with neurodiverse children aged 0-6 years old, emphasizing their strengths. Note that once the course is archived, certificates cannot be obtained and material availability may be limited.	Autism, Neurodiversity- Children
<u>Autism and Mental Health</u>	edX	This free online course is offered on the edX website with a sign-up deadline of December 10th. Spanning 4 weeks, the course aims to improve mental health outcomes for individuals with autism.	Autism- Mental Health
<u>Family-Professional Partnership</u>	The Thompson Center for Autism and Neurodevelopment	This free, self-directed module focuses on how to establish relationships with families and clients with autism.	Autism- Family/Clients
<u>Transition to Adulthood Training Module</u>	The Thompson Center for Autism and Neurodevelopment	This free, self-directed module focuses on the needs of individuals with autism shifting into adulthood.	Autism-Transitioning into Adulthood
<u>Understanding Autism in Young Children</u>	The Thompson Center for Autism and Neurodevelopment	This free, self-directed module focuses on the characteristics of children with autism.	Autism- Children
<u>Understanding ADHD</u>	Open Learn University	This free multi-session course, available on the Open Learn website, explores ADHD from the perspectives of individuals with the diagnosis and their caregivers. The course also	ADHD- General

		covers research on treatments and interventions.	
<u>Understanding Tourette Syndrome</u>	Tourettes Action	This free online module covers extensive information on Tourette Syndrome including an overview, misconceptions, co-occurring features, its impact, and support strategies.	Tourette Syndrome
<u>Dyslexia</u>	Oxford Home Study Centre	This free online course contains an introduction to dyslexia, the challenges of having dyslexia, and how to support individuals with dyslexia. The certificate from the course does cost money to obtain.	Dyslexia- General
<u>Introduction to Dyslexia and Inclusive Practice</u>	Open Learn University	This free online course contains an introduction into dyslexia and inclusive practices for anyone working with individuals with dyslexia.	Dyslexia- General
<u>Learning Differences</u>	Friday Institute	This free course helps professionals understand differences in learning and how to support the differences.	Learning Differences- General
<u>Introduction to ADHD Awareness</u>	Alison	This free course provides information on the characteristics of the diagnoses, treatments, and skills needed to support someone with ADHD.	ADHD- General
<u>Understanding Autism, Asperger's, and ADHD</u>	University of Derby	This free course strives to change people's preconceived notions about ADHD and autism.	ADHD, Autism- General

This list was compiled in Summer 2023. It may not contain every training that exists, and we will continue to update it periodically. Crowdsourcing is welcome: if you know of a free or low-cost training on neurodiversity issues, please contact lbradley2@fsu.edu.